

GaitSmart Technology

Our Falls Prevention Service is pleased to introduce GaitSmart.

An innovative solution that enhances mobility insights and strengthens proactive fall prevention.

**80% OF PEOPLE
WHO FOLLOW OUR
PROGRAM
REPORTED AN
IMPROVEMENT IN
THEIR MOBILITY**

**New Offer
£35 for one
session!
Get booked in
now!
RRP £75**

WHAT IS GAITSMART?

Discover cutting-edge technology that studies your walking pattern to uncover what's holding you back. It creates a personalised exercise plan—simple, gentle, and designed just for you to help restore your mobility and get you moving with confidence again.

WHO IS THIS FOR?

- Suffered a fall or at risk of falling?
- Living with osteoarthritis?
- Reduced mobility?
- Want to improve walking, balance and mobility?

For more information email:
gaitsmart@ageukenfield.org.uk or call **0208 375 4120**



SCAN ME

Frequently Asked Questions

What is the testing criteria for GaitSmart?

The requirement to be tested using the GS2 product is that the person being measured must have the ability to walk 10 meters, turn around and walk back. The use of prosthetic legs and walking aids, including sticks and frames, are permissible. The GaitSmart product is used over clothing.

What should I wear?

Fitted trousers are best worn as we are unable to place straps directly onto the skin. No shorts or skirts. Please remove any belts or items in pockets.

What happens if I attend in a long skirt?

Unfortunately, we will be unable to perform your test and you will still be charged for the session. We are unable to place sensors directly onto the skin and trying to place sensors over a long skirt would affect the accuracy of the reading.

How do I book my session?

Please call the mainline on 0208 375 4120 or email gaitsmart@ageukenfield.org to register your interest, and you will be given information on the dates and times available.

Do you come to my home?

Unfortunately, our testing sessions are based in community spaces and we do not conduct home visits.

Will the sensors affect my pacemaker?

No.

Do I need two sessions?

We recommend having a follow up test to see how you have improved following your exercises.

How much does it cost per session?

	One session	Two sessions
50+	£35	£40
50+ receiving Universal credit/Pension credit	£15	£25