



## Volunteering Opportunity Gardening Volunteer – Day Centre

### What You'll Do

Support the development and maintenance of our allotment space at the Mabel Churn Day Care Centre. You'll help create a calm, welcoming outdoor environment where older people can enjoy nature, take part in light gardening activities, and connect with others.

### You will:

- Help maintain the allotment space (e.g. watering, weeding, planting, harvesting)
- Support the set-up and upkeep of planting areas, raised beds, or pots
- Encourage and support clients to get involved in simple gardening tasks
- Help keep the outdoor space safe, tidy, and accessible
- Work with staff to plan seasonal planting or small garden projects
- Report any concerns or maintenance needs to staff

### Skills You'll Use or Develop

- Interest in gardening or outdoor activities (no expert knowledge needed)
- Friendly and patient approach when engaging with older people
- Ability to work independently and as part of a team
- Basic understanding of health and safety in an outdoor setting
- Creativity and initiative in developing the space
- Reliable and committed

### Time Commitment

Flexible – ideally 2-4 hours per week  
Weekdays 10:00 am and 2:00 pm

**Location:** The Mabel Churn Centre, 55b Sunny Road, Enfield, EN3 5EF  
**Reports to:** Day Centre Manager