



# Musical Movements!



Join us on the **second Wednesday of every month, 10.30 - 11.30am** for a fun, supportive singing session where you can boogie to a different theme each month!

**No experience necessary**

**Suitable for all and dementia friendly**

**St Stephen's Church Hall, Village Road, Enfield**

**EN1 2EU**

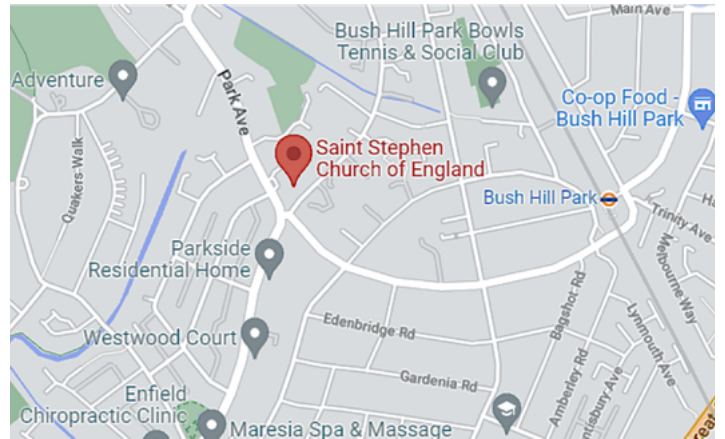
**£3 per person**

**No need to book.**

**For more information call 0208 375 4120 or**

**email: [referrals@ageukenfield.org.uk](mailto:referrals@ageukenfield.org.uk)**

**[www.ageukenfield.org.uk](http://www.ageukenfield.org.uk)**



**Wheelchair accessible. Parking available.  
Bus routes: 329, W8**

## Musical Movements dates

<b>8th April 2026</b>	<b>14th October 2026</b>
<b>13th May 2026</b>	<b>11th November 2026</b>
<b>10th June 2026</b>	<b>9th December 2026</b>
<b>8th July 2026</b>	<b>13th January 2027</b>
<b>12th August 2026</b>	<b>10th February 2027</b>
<b>9th September 2026</b>	<b>10th March 2027</b>