



Dementia Action Week - Join In!

Hosted by:
Enfield Carers Centre
Age UK Enfield

Active Ageing Workshop
Principles of Mindfulness
22nd May - 10.30am – 12.30pm
Enfield Carers Centre
137-143 Baker Street EN1 3JL

Memory Club
24th May - 11am - 1pm
Age UK Enfield
St Peter's Church Hall N21 1DN

Alzheimer's Society operates in England, Wales and Northern Ireland. Registered charity number 296645

Get in touch today to find out more

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alzheimers.org.uk/
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