

Enfield Carers Centre

MULTICULTURAL HEALTH AND WELLBEING **EVENT**

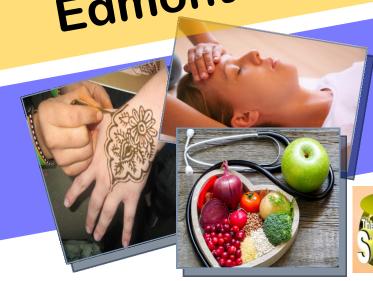




Information stands, complementary therapies, meditation sessions, healthy living sessions, henna hand painting, blood pressure checks, chair exercises, food, refreshments, entertainment and much more....

Friday 6 July 2018 10:00 am—3:00pm

Community House, 311 Fore St, Edmonton, London N9 0PZ For further information and bookings:



T: 07718 486341/020 8375 4103 E: ican@ageukenfield.org.uk

Supported by:







