

# Enabling and Home Support



Supports older people to remain living independently in their own homes



Helps older people with poor mobility or low confidence connect with their local community

and can give Carers some time for themselves

# Enabling and Home Support

This service is designed to give older people a friendly, reliable service that can offer one to one support and improve quality of life.

All our Home Support Workers are paid members of staff.

They are mature, local people who are dependable, caring and sensitive to clients needs.

They are also trained in the safe use of wheelchairs.

We can help with all sorts of different things including:

- shopping
  - getting to and from appointments
  - paperwork, bills and correspondence
  - accompany clients on a social outing
  - housework
  - light gardening
  - cooking
  - stay fit
  - cleaning
  - laundry
  - ironing
  - bedmaking
  - having a break by sitting with the person you care for
  - clear clutter
- ...and lots more!

There are some things that Home Support Workers cannot help with:

- they cannot help with personal care
- they cannot perform medical tasks or help with medication
- they cannot take over the running of your home for you
- they cannot collect your pension or take your bank or pension card without you

Following a clients initial contact with us we will arrange to visit them at home, so that we can be sure we fully understand their needs and offer advice on other services and benefits available.

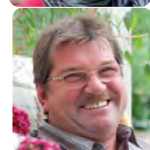
There is a charge for this assessment payable at time of booking an appointment. Should you take up the service, ongoing visits will be charged at an hourly rate.

A mileage charge of 45p per mile applies to all escorted journeys or journeys made on your behalf. Any additional expenses should be paid for by you at the time. Payment for the service is by Direct Debit on a monthly basis.

*Ellen says... 'I find it difficult to get out on my own but going out with Kathy is something I look forward to every week.'*



*Jack says... 'Debbie is wonderful! She has lifted my spirits and made me feel happier than I've felt in a long time.'*



## Find Out More

If this service might be of help to you or someone you know, or if you would like more information, please contact our friendly and helpful Enabling Team.



Kay

Karen

Tony

Karen Brooks - Enabling & Home Support Service Manager

Tony Harvey - Enabling & Home Support Service Deputy Manager

Kay McGeorge - Assessment & Admin Co-ordinator



Michelle

Kath

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## Leaving a legacy to Age UK Exeter

Changing lives, making a difference and knowing the gift in your Will really will have a big impact, are some of the outcomes your kind and thoughtful generosity will bring about. We are reliant on donations and legacies to continue to operate our services in Exeter. Our gratitude to people who pledge a gift to help us carry on our work into the future is immeasurable. Thank you.

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