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| Volunteer Role: **Activity Buddy for Dementia Day Services (Mount Pleasant)**  As an Activity Buddy, you would be an integral and very important part of our thriving day services for people with dementia. Alongside staff and volunteers Activity Buddies provide enjoyable company and stimulating activities for people with dementia whilst they attend the ‘home from home’ surroundings of the Lane Club. Activity Buddies take part in individual and group activities, and assist with the day to day running of the servicesas required. **PLEASE NOTE: You need to be 18+ to undertake this role.** | |
| **Service:** | **Lane Club Day Service** for people with moderate to more severe dementia |
| **Name & purpose of service:** | The Lane Club is a centre that specialises in supporting older people with memory problems. It provides stimulating activities, laughter and company to create an interesting and entertaining day in a supportive environment. |
| **Location:** | Mount Pleasant, Exeter |
| **Role supervisor:** | Rebecca Lane, Dementia Day Services Manager |
| **Day & time:** | **Either** one day a week Monday to Thursday from 9.15am – 4.15pm. **OR** one morning (9.15am-12.30pm) or afternoon (12.30pm-4.15pm) |
| **Main tasks:** | * Welcome individuals and assist them as neccessary * Chat to individuals and help them to socialise * Organise and participate in activities either one-to-one or in a group * Help serve refreshments and lunch * Help clear away and tidy up * Pass on any concerns or feedback to staff as required |
| **What we need from you:** | * You need to be 18+ * Experience of working in an Adult Health & Social Care setting * An understanding of person centred care * Proactive in identifying the needs of day service attendees * Enthusiasm and energy to engage and motivate others * Good communicator with older adults with dementia * Patience and respect for others * Able to work as part of a team * Reliable and able to committ to regular hours * A good sense of humour and to enjoy the company of others * Willingness to complete role relevant training |
| **What we offer you:** | * A very warm welcome * Good induction with role relevant training * Lunch if you volunteer for 4 hours or more * Reimbursement of travel costs * Support to develop your social care skills and experience * The opportunity to meet new people, make new friends and become part of a thriving local charity |
| **How to apply:** | * Informal interview with Volunteer Co-ordinator * Complete a volunteering application form * Provide 2 satisfactory references * A DBS will be required for this role |
| **Compulsory Training:** | You must complete the following within 3 months of starting your role:   * *Introduction to Age UK Exeter* Workshop * Manual Handling * Dementia Awareness |
| **For more information:** | Cassie Leicester, Volunteer Coordinator  Tel: 01392 202092  Email: [c.leicester@ageukexeter.org.uk](mailto:c.leicester@ageukexeter.org.uk) |