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| Volunteer Role: **Activity Buddy for Dementia Day Services (Cowick Street)** As an Activity Buddy, you would be an integral and very important part of our thriving day services for people with dementia. Alongside staff and volunteers Activity Buddies provide enjoyable company and stimulating activities for people with dementia whilst they attend the ‘home from home’ surroundings of the Park Club. Activity Buddies take part in individual and group activities, and assist with the day to day running of the services as required. PLEASE NOTE: You need to be 18+ to undertake this role. | |
| **Service:** | **Park Club Day Service** for people with mild to moderate dementia |
| **Name & purpose of service:** | The Park Club is a centre that specialises in supporting older people with memory problems. It provides stimulating activities, laughter and good company to create an interesting and entertaining day in a supportive environment. |
| **Location:** | Cowick Street, St Thomas, Exeter |
| **Role supervisor:** | Rebecca Lane, Dementia Day Services Manager |
| **Day & time:** | **Either** one day from 9.15am – 4.15pm. **OR** a half day: morning 9.15am-12.30pm or afternoon (12.30pm-4.15pm)  Wednesday afternoon and/or Friday morning and afternoon |
| **Main tasks:** | * Welcome individuals and if required assist them from the transport to the centre * Organise and participate in activities either one-to-one or in a group * Chat to individuals and help them to socialise * Help serve refreshments and lunch * Help clear away and tidy up * Pass on any concerns or feedback to staff as required |
| **What we need from you:** | * You need to be 18+ * An understanding of person centred care is desirable * Proactive in identifying the needs of day service attendees * Enthusiasm and energy to engage and motivate others * Good communicator with older adults with dementia * Patience and respect for others * Able to work as part of a team * Reliable and able to committ to regular hours * A good sense of humour and to enjoy the company of others * Willingness to complete role relevant training |
| **What we offer you:** | * A very warm welcome * Good induction with role relevant training * Lunch if you volunteer for 4 hours or more * Reimbursement of travel costs * Support to develop your social care skills and experience * The opportunity to meet new people and become part of a thriving local charity |
| **How to apply:** | * Interview with Volunteer Co-ordinator * Complete a volunteering application form * Provide 2 satisfactory references * A DBS will be required for this role |
| **Compulsory Training:** | You must complete the following within 3 months of starting your role:   * Introduction to Age UK Exeter Workshop * Manual Handling * Safeguarding * Dementia Awareness |
| **For more information:** | Cassie Leicester, Volunteer Coordinator  Tel: 01392 202092  Email: [c.leicester@ageukexeter.org.uk](mailto:c.leicester@ageukexeter.org.uk)  Website: [www.ageukexeter.org.uk](http://www.ageukexeter.org.uk) |