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| Volunteer Role: Voluntary VisitorWould you like to do something practical to help older people who are lonely? Do you have an hour or so a week to spare? We are looking for caring and compassionate people with excellent social skills to befriend a local older person and offer friendship through weekly visits. You will need to have a passion for meeting new people with the confidence to initiate and maintain conversation. Friendship is a precious gift that you can offer someone. | |
| **Service:** | Social Support |
| **Purpose of service:** | Linking older people living alone and experiencing isolation with local people who offer friendship and social support |
| **Location:** | To be arranged |
| **Role supervisor:** | Jessica Cohen – Social Support coordinator |
| **Day & time:** | Approx 1 - 1.5 hours per week to be agreed between all parties for a minimum of 6 months |
| **Main tasks:** | * To Befriend an older person and provide conversation, a listening ear and friendship * Offer companionship and social support * Report any concerns or problems to the Service Coordinator |
| **What we need from you:** | * Have good conversational and social skills * Confidence to start and maintain natural conversation with people that may initially be quiet or shy * Have excellent active listening skills and empathy * Have a warm and friendly personality * Patience and respect for others * Commited and reliable * Have clear spoken English and a comprehensive understanding of the English language * Be able to commit to a minimum of 6 months of visits * **You must be 18+ to undertake this role** * Willingness to complete role relevant training |
| **What we offer you:** | * A very warm welcome * Good induction with role relevant training * Reimbursement of travel costs |
| **How to apply:** | * Complete a volunteering application form * Informal interview with coordinator * Provide 2 satisfactory references * A DBS is required for this role |
| **For more information:** | Tel: 01392 455611  Email: j.cohen@ageukexeter.org.uk  Website: [www.ageukexeter.org.uk](http://www.ageukexeter.org.uk) |