At Hands 2 Help we carefully match staff with clients and ensure that wherever possible the same person visits you each time. Our staff are fully trained and are subject to Disclosure & Barring checks.

#### Hands 2 Help Domestic Service Charges

9 am - 5pm Mon-Fri (excluding Bank Holidays) Price £16.00 per hour plus mileage.

We will need to charge mileage for clients who live more than 2 miles from our Faversham and Sittingbourne centres.

Terms & Conditions apply.

#### Hands 2 Help Companion Service Charges

Price £18.00 per hour plus mileage.

We will need to charge mileage for clients who live more than 1 mile from our Faversham, Sittingbourne or Teynham centres.

Terms & Conditions apply.

We have use of a disabled access vehicle & wheelchairs

(Booking in advance is recommended.)

# For more information call: FOR BOTH FAVERSHAM AND SITTINGBOURNE AREAS 01795 542823 or 01795 532766

email **beverley.spencer@ageukfaversham.org.uk** or visit **www.ageuk.org.uk/favershamandsittingbourne** 



# Hands 2 Help Domestic and Companionship Service



### Hands 2 Help Domestic Service

Aims to support you to remain independent by providing practical help with those daily tasks that you may find difficult to do on your own.

Sometimes we need a little help to enable us to carry on doing the things in life that we need or want to do.

Hands 2 Help Domestic is a flexible service that can help you live how you choose to.

Our Independent Living Assistants can help with a wide variety of tasks including (but not limited to):

# **General Cleaning**

We can provide one of our Independent Living Assistants to help with tasks such as vacuuming, dusting, cleaning the bathroom and kitchen, making beds and any other household cleaning task you want



## Hands 2 Help Companionship Service

This service is open to those who are 50 and over. We can help you to live life to the full!

Our aim is to deliver a flexible service by providing you with a suitable companion at home or out and about.

If you want to be accompanied to a special event or day out then we can offer a bespoke service.

#### **Getting Out and About**

We can help you to get out and about to wherever you want to go such as

Social visits to see friends or relatives

Special occasions such as weddings and reunions

A football match, the theatre or a place of interest

Shopping trips, food preparation and cooking

We can look after a relative/loved one while you are out

