

No Referrals Needed

You can access all of our services by contacting us directly, you do not need to get a referral from a professional. For some services we may need to visit you first.

Full transport Service Available

Trouble getting to us? No problem; our fleet of accessible minibuses and people carriers will collect you from your door and return you home at the end of the day.

Inclusive Pricing*

Our day services are subsidised by a grant from Kent County Council, meaning that you can spend the day with us for just £13.00, which includes your lunch plus teas, coffees and soft drinks.

If you require our transport service, this costs an additional £8.00 per day for a return journey.

** Services such as bathing, hairdressing and foot care will incur an additional charge*

For more information call or email:

Faversham Centre 01795 532766
reception@ageukfaversham.org.uk

Sittingbourne Centre 01795 477520
reception@ageuksittingbourne.org.uk

or visit [ageuk.org.uk/favershamandsittingbourne](https://www.ageuk.org.uk/favershamandsittingbourne)

Day Services for Active Living



Our day services offer a friendly, fun and supportive environment and are available at our centres in Faversham and Sittingbourne.

The Silver Social Hub, Faversham

Our newly refurbished hub welcomes clients seven days per week and provides a range of activities and opportunities for socialising.

A drop-in coffee shop is on site, as well as hairdressing, laundry, foot care and assisted bathing.

Our staff and volunteer team will welcome you and ensure that you have a great time and feel supported.

Heather House, Sittingbourne

Our hugely popular day centre aims to improve the quality of life for older people by helping them to be independent and be with other people.

We provide older people with both practical assistance and a chance to socialise, with support from trained staff and volunteers.

Facilities on-site include hairdressing, laundry, foot care and assisted bathing in the newly-refurbished bathing suite, which also has a flush floor shower for those that prefer this.

A Friendly Environment

This service is open to those who are 50 and over. Come to one of our centres for a chance to experience:

- ⇒ Companionship and make new friends
- ⇒ A freshly prepared two-course nutritious meal
- ⇒ Arts and crafts
- ⇒ Party days and themed event days
- ⇒ Singing and music
- ⇒ Quizzes, games, raffles and bingo
- ⇒ Professional entertainment and fun
- ⇒ Gentle armchair exercises
- ⇒ Access to treatments (i.e. chiropody and hairdressing)
- ⇒ Access to our assisted bathing service
- ⇒ Access to our free Information and Advice service

