

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sun 05.04.2026	Roast pork	Spotted dick & custard
Mon 06.04.2026	Fish pie Or Gammon & pineapple	Blackcurrant slice & custard
Tue 07.04.2026	Hunters chicken Or Mince beef cobbler	Cherry pie & cream
Wed 08.04.2026	Roast turkey	Rice pudding & peaches
Thurs 09.04.2026	Steak & ale pie Or Sweet & sour pork	Strawberry cheesecake
Fri 10.04.2026	Chicken chasseur Or Sausage meat plait	Jam & coconut sponge & custard
Extra meal to be delivered Friday for Saturday	Sausagemeat plait and salad	Rhubarb and ginger slice

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name..... **05.04.2026**

Please return this half to the centre by Wednesday each week

	Lunch	Requests	
Sun	Roast pork		
Mon Please delete one	Fish pie Or Gammon & pineapple		
Tue Please delete one	Hunters chicken Or Mince beef cobbler		
Wed	Roast Turkey		
Thurs Please delete one	Steak & ale pie Or Sweet & sour pork		
Fri Please delete one	Chicken chasseur Or Sausage meat plait		
Extra meal to be delivered Friday for Saturday	Sausagemeat plait and salad Rhubarb frangipane Tart	YES	NO