

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Mon 20.04.26	Liver & bacon casserole	Cherry sponge with custard
Tue 21.04.26	Cheese and tomato quiche	Jam Roly poly with custard
Wed 22.04.26	Chicken pie	Trifle
Thurs 23.04.26	Roast Gammon	Apple crumble with custard
Fri 24.04.26	Fish cake Or Egg & cheese salad	Raspberry whip with fruit
Sat 25.04.26	Beef salad (Delivered on Fri 24.04)	Gateau

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 20.04.26

Please return this half to the centre by Tues 14 April

Day	Lunch	Requests
Mon 20.04.26	Liver & bacon casserole	
Tue 21.04.26	Cheese and tomato quiche	
Wed 22.04.26	Chicken pie	
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Fri 24.04.26	Fish cake Or Egg & cheese salad	
Sat 25.04.26	Beef salad (Delivered on Fri 24.04)	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

