

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Mon 27.04.26	Roast Chicken	Plum crumble with custard
Tue 28.04.26	Beef stew with dumpling	Orange sponge with custard
Wed 29.04.26	Cottage pie	Bakewell tart with cream
Thurs 30.04.26	Sausage mash and baked beans	Chocolate sponge with custard
Fri 01.05.26	Battered fish Or Ham salad	Cheesecake
Sat 02.05.26	Chicken salad (Delivered on Fri 01.05)	Fruit crumble

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 27.04.26

Please return this half to the centre by Tues 21 April

Day	Lunch	Requests
Mon 20.04.26	Roast Chicken	
Tue 21.04.26	Beef stew with dumpling	
Wed 22.04.26	Cottage pie	
Thurs 23.04.26	Sausage mash and baked beans	
Fri 01.05.26	Battered fish Or Ham salad	
Sat 02.05.26	Chicken salad (Delivered on Fri 01.05)	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

