

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

	Main Meal	Dessert
Sun 01.11.2026	Roast pork	Spotted dick & custard
Mon 02.11.2026	Satay pork stir-fry veg & rice Or Gammon & pineapple	Black cherry slice & custard
Tue 03.11.2026	Macaroni & bacon Cheese Or Mince beef cobbler	Mincemeat tart & custard
Wed 04.11.2026	Roast turkey	Rice pudding & peaches
Thurs 05.11.2026	Steak & ale pie Or Salmon and hollandaise sauce	Strawberry cheesecake
Fri 06.11.2026	Chicken chasseur Or Sausage meat plait	Jam & coconut sponge & custard
<u>Extra meal to be delivered Friday for Saturday</u>	Sausagemeat plait and salad	Cherry pie & cream

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name..... **01.11.2026**

Please return this half to the centre by Wednesday each week

	Lunch	Requests	
Sun	Roast pork		
Mon Please delete one	Satay pork stir-fry veg & rice Or Gammon & pineapple		
Tue Please delete one	Macaroni & bacon cheese Or Mince beef cobbler		
Wed	Roast Turkey		
Thurs Please delete one	Steak & ale pie Or Salmon & hollandaise sauce		
Fri Please delete one	Chicken chasseur Or Sausage meat plait		
<u>Extra meal to be delivered Friday for Saturday</u>	Sausagemeat plait and salad Cherry pie & cream	YES	NO

Chairman: Mr B Flavell Treasurer: Mr H Barker Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 27
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

