Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
mds@ageukskc.org.uk
cateringdeal@ageukskc.org.uk

The Deal Centre, & The Marigold Centre,Folkestone

Visit our website at ageuk.org.uk/southkentcoast

Please make cheques payable to Age UK South Kent Coast

	Main Meal	Desserts
Sun 22.11.2026	Roast chicken	Tiramisu
Mon 23.11.2026	Beef & Guiness pie Or BBQ sausage bake	Bread & butter pudding & custard
Tue 24.11.2026	Sweet & sour chicken & rice Or Toad in the hole	Lemon roulade
Wed 25.11.2026	Roast pork	Raspberry meringue
Thurs 26.11.2026	Beef stroganoff Or Chicken, bacon lattice pie	Cherry & almond sponge & custard
Fri 27.11.2026	Hotpot Or Bolognaise bake	Pear & ginger crumble & custard
Extra meal to be delivered Friday for Saturday	Tuna mayo salad	Cherry cheesecake

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

----------Tear off----------

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name.....**22.11.2026**

Please return this half to the centre by Wednesday each week

Days	Lunch	Requests	
Sun	Roast chicken		
Mon **Please delete one**	Beef & Guiness pie Or BBQ sausage bake		
Tue **Please delete one**	Sweet & sour chicken & rice Or Toad in the hole		
Wed	Roast pork		
Thurs **Please delete one**	Beef stroganoff Or Chicken, bacon lattice pie		
Fri **Please delete one**	Hotpot Or Bolognaise bake		
Extra meal to be delivered Friday for Saturday	Tuna mayo salad Cherry cheesecake	YES	NO

Age UK Charity Quality Standard certified by SGS

Chairman: Mr B Flavell Treasurer: Mr H Barker Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

KENT COMMUNITY FOUNDATION
Kent County Council kent.gov.uk
ISO 9001 QUALITY MANAGEMENT