

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Mon 01.06.26	Mince & onion pie	Rhubarb Crumble with custard
Tue 02.06.26	Sausage mash & Baked beans	Strawberry cheesecake
Wed 03.06.26	Roast gammon	Apple pie with custard
Thurs 04.06.26	Bacon cheese & onion Roly Poly	Treacle sponge with custard
Fri 05.06.26	Fish in parsley sauce Or Chicken salad	Strawberry whip with fruit
Sat 06.06.26	Pork pie salad (Delivered on Fri 05.06)	Coffee cake

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 01.06.26

Please return this half to the centre by Tues 26 May

Day	Lunch	Requests
Mon 01.06.26	Mince & onion pie	
Tue 02.06.26	Sausage mash & Baked beans	
Wed 03.06.26	Roast gammon	
Thurs 04.06.26	Bacon cheese & onion Roly Poly	
Fri 05.06.26	Fish in parsley sauce Or Chicken salad	
Sat 06.06.26	Pork pie salad (Delivered on Fri 05.06)	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

