Head Office:
The Deal Centre
3 Park Street
Deal CT14 6AG
Tel: 01304 372608
cateringmarigold@ageukskc.org.u

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast

Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Mon 16.11.26	**Chicken pie**	**Treacle sponge with custard**
Tue 17.11.26	**Cheese & tomato quiche**	**Trifle**
Wed 18.11.26	**Roast beef**	**Apple crumble with custard**
Thurs 19.11.26	**Cottage pie**	**Sultana sponge with custard**
Fri 20.11.26	**Fish in parsley sauce Or Beef salad**	**whip with fruit**
Sat 21.11.26	**Pork pie salad (Delivered on Fri 20.11)**	**Cake**

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name---------- **16.11.26**

Please return this half to the centre by WED 11.11 NOVE

Day	Lunch	Requests
Mon 16.11.26	**Chicken pie**	
Tue 17.11.26	**Cheese & tomato quiche**	
Wed 18.11.26	**Roast beef**	
Thurs 19.11.26	**Cottage pie**	
Fri 20.11.26	**Fish in parsley sauce Or beef salad**	
Sat 21.11.26	**Pork pie salad (Delivered on Fri 20.11)**	

A sandwich menu is available on request. Only £2.00 when you order a lunch!

Age UK Charity Quality Standard certified by SGS

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363