

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Mon 18.05.26	Roast pork	Cherry sponge with custard
Tue 19.05.26	Mince beef cobbler	Sultana sponge with custard
Wed 20.05.26	Chicken & mushroom pie	Chocolate trifle
Thurs 21.05.26	Liver & bacon casserole	Apple pie with custard
Fri 22.05.26	Battered fish Or Chicken salad	Mandarin cheesecake
Sat 23.05.26	Tuna salad (Delivered on Fri 22.05)	Danish pastry

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 18.05.26

Please return this half to the centre by Tues 12 May

Day	Lunch	Requests
Mon 18.05.26	Roast pork	
Tue 19.05.26	Mince beef cobbler	
Wed 20.05.26	Chicken & mushroom pie	
Thurs 21.05.26	Liver & bacon casserole	
Fri 22.05.26	Battered fish Or Chicken salad	
Sat 23.05.26	Tuna salad (Delivered on Fri 22.05)	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

