

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Mon 08.06.26	Steak pie	Jam with custard
Tue 09.06.26	Roast beef	Banana & custard
Wed 10.06.26	Cottage pie	Pear crumble with custard
Thurs 11.06.26	Sausage casserole	Semolina
Fri 12.06.26	Fish cake Or Beef salad	Gateau
Sat 13.06.26	Egg & cheese salad (Delivered on Fri 12.06)	Jelly with fruit

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 08.06.26

Please return this half to the centre by Tues 02 June

Day	Lunch	Requests
Mon 08.06.26	Steak pie	
Tue 09.06.26	Roast beef	
Wed 10.06.26	Cottage pie	
Thurs 11.06.26	Sausage casserole	
Fri 12.06.26	Fish cake Or Beef salad	
Sat 13.06.26	Egg & cheese salad (Delivered on Fri 12.06)	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

