

## The Deal Centre, Deal & The Marigold Centre,

**Folkestone**

Head Office:  
The Deal Centre  
3 Park Street  
Deal  
Kent CT14 6AG  
Tel: 01304 372608  
cateringdeal@ageukskc.org.uk

Visit our website at [ageuk.org.uk/southkentcoast](http://ageuk.org.uk/southkentcoast)

Please make cheques payable to Age UK South Kent Coast

	Main Meal	Desserts
Sat 03.05.2025	Pork casserole Or Gammon & leek bake	Pear & ginger crumble & custard
Sun 04.05.2025	Roast turkey	Marble sponge & custard
Mon 05.05.2025	Chicken & mushroom pie Or Bolognaise bake	Jam roly-poly & custard
Tue 06.05.2025	Roast beef	Fruit Jelly & cream
Wed 07.05.2025	Pork chop in peppercorn sauce Or Mince beef & onion pie	Pineapple upside-down cake & custard
Thurs 08.05.2025	Hotpot Or Chicken stir-fry	Banoffee pie
Fri 09.05.2025	Cod au gratin Or Beef bourguignon	Apricot crumble & custard

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

**Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week**

Name..... **03.05.2025**

**Please return this half to the centre by Wednesday each week**

Days	Lunch	Requests
Sat <b>Please delete one</b>	Pork casserole Or Gammon & leek bake	
Sun	Roast turkey	
Mon <b>Please delete one</b>	Chicken & mushroom pie Or Bolognaise bake	
Tue	Roast beef	
Wed <b>Please delete one</b>	Pork chop in peppercorn sauce Or Mince beef & onion pie	
Thurs <b>Please delete one</b>	Hotpot Or Chicken stir-fry	
Fri <b>Please delete one</b>	Cod au gratin Or Beef bourguignon	