

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

	Main Meal	Dessert
Sat 10.05.25	Chicken casserole Or Quiche, chips & baked beans	Apple pie & custard
Sun 11.05.25	Roast chicken	Tiramisu
Mon 12.05.25	Gammon & pineapple Or BBQ sausage bake	Bread & butter pudding & custard
Tue 13.05.25	Steak & mushroom pie Or Jacket potato, cheese & beans	Chocolate cake & cream
Wed 14.05.25	Roast pork	Cherry & almond sponge & custard
Thurs 15.05.25	Cod in parsley sauce Or Toad in the hole	Mandarin meringue
Fri 16.05.25	Chicken chasseur Or Pork pie salad	Chocolate chip & orange sponge & custard

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

Tear off-----

Please give your order to the driver or ring 01304 372608 delete meals you do not wish to receive next week

Name.....**10.05.2025**

Please return this half to the centre by Wednesday each week

Day	Lunch	Request
Sat Please delete one	Chicken casserole Or Quiche, chips & baked beans	
Sun	Roast chicken	
Mon Please delete one	Gammon & pineapple Or BBQ sausage bake	
Tue Please delete one	Steak & mushroom pie Or Jacket potato, cheese & beans	
Wed	Roast pork	
Thurs Please delete one	Cod in parsley sauce Or Toad in the hole	
Fri Please delete one	Chicken chasseur Or Pork pie salad	

Chairman: Mr B Flavell Treasurer: Mr H Barker Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

