



The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

	Main Meal	Dessert
Sat 11.05.2024	Beef curry & rice Or Chicken & bacon lattice pie	Lemon & mandarin tart
Sun 12.05.2024	Roast beef	Apple & blackberry crumble & custard
Mon 13.05.2024	Chicken casserole Or Sausage, egg & bacon flan	Raspberry meringue
Tue 14.05.2024	Steak & kidney pudding Or Veggie spring roll, rice & stir-fry veg	Bakewell tart & custard
Wed 15.05.2024	Roast pork	Cherry pie & cream
Thurs 16.05.2024	Beef stroganoff, rice & onion rings Or Cumberland pie	Fruit strudel & custard
Fri 17.05.2024	Smoked haddock Or Mince beef & onion pie	Profiteroles

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name..... **11.05.2024**

Please return this half to the centre by Wednesday each week

Day	Lunch	Requests
Sat Please delete one	Beef curry & rice Or Chicken & bacon lattice pie	
Sunday	Roast beef	
Monday Please delete one	Chicken casserole Or Sausage, egg & bacon flan	
Tuesday Please delete one	Steak & kidney pudding Or Veggie spring roll, rice & stir-fry veg	
Wednesday	Roast pork	
Thursday Please delete one	Beef stroganoff, rice & onion rings Or Cumberland pie	
Friday Please delete one	Smoked haddock Or Mince beef & onion pie	

Chairman: Mr B Flavell Treasurer: Mr H Barker Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

