

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

	Main Meal	Dessert
Sun 12.10.2025	Roast pork	Lemon shortbread & cream
Mon 13.10.2025	Fish pie Or Gammon & pineapple	Cherry slice & custard
Tue 14.10.2025	Hunters chicken Or Ham & egg salad	Gateau
Wed 15.10.2025	Roast turkey & gammon	Rice pudding & peaches
Thurs 16.10.2025	Steak & ale pie Or Sweet & sour pork	Strawberry cheesecake
Fri 17.10.2025	Chicken chasseur Or Sausage meat plait	Jam & coconut sponge & custard
<u>Extra meal to be delivered Friday for Saturday</u>	Sausagemeat plait and salad	Fruit flan & cream

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name..... **12.10.2025**

Please return this half to the centre by Wednesday each week

	Lunch	Requests	
Sun	Roast pork		
Mon Please delete one	Fish pie Or Gammon & pineapple		
Tue Please delete one	Hunters chicken Or Ham & egg salad		
Wed	Roast Turkey & gammon		
Thurs Please delete one	Steak & ale pie Or Sweet & sour pork		
Fri Please delete one	Chicken chasseur Or Sausage meat plait		
<u>Extra meal to be delivered Friday for Saturday</u>	Sausagemeat plait and salad Fruit flan & cream	YES	NO

Chairman: Mr B Flavell Treasurer: Mr H Barker Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

