

The Deal Centre, & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast

Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal
Kent CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

	Main Meal	Desserts
Sun 21.09.2025	Roast turkey	Syrup sponge & custard
Mon 22.09.2025	Pork casserole & herby dumpling Or Beef curry & rice	Apple pie & custard
Tue 23.09.2025	Roast beef	Jelly, fruit & cream
Wed 24.09.2025	Chicken & mushroom pie Or Pork pie salad	Pineapple upside-down cake & custard
Thurs 25.09.2025	Cod au gratin Or Sausage casserole	Banoffee pie
Fri 26.09.2025	Cottage pie Or Chicken & ham carbonara	Plum crumble & custard
<u>Extra meal to be delivered Friday for Saturday</u>	Ham & egg salad	Profiteroles

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

-----Tear off-----

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name.....**21.09.2025**

Please return this half to the centre by Wednesday each week

Days	Lunch	Requests	
Sun	Roast turkey		
Mon Please delete one	Pork casserole & herby dumpling Or Beef curry & rice		
Tue	Roast beef		
Wed Please delete one	Chicken & mushroom pie Or Pork pie salad		
Thurs Please delete one	Cod au gratin Or Sausage casserole		
Fri Please delete one	Cottage pie Or Chicken & ham carbonara		
<u>Extra meal to be delivered Friday for Saturday</u>	Ham & egg salad & Profiteroles	YES	NO