Head Office:
The Deal Centre
3 Park Street
Deal
Kent   CT14 6AG
Tel: 01304 372608
cateringdeal@ageukskc.org.uk

The Deal Centre, Deal
& The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sun 22.02.2026	Roast beef	Lemon shortbread & cream
Mon 23.02.2026	Lasagne Or Salmon and hollandaise sauce	Rhubarb crumble & custard
Tue 24.02.2026	Chicken curry Or Sausage, mash & onion gravy	Chocolate sponge & chocolate sauce
Wed 25.02.2026	Pork chop in apple & cider sauce Or Quiche, potatoes & vegetables	Stewed fruit & custard
Thurs 26.02.2026	Roast chicken	Eton Mess
Fri 27.02.2026	Steak & mushroom pie Or Scampi, chips & peas	Apple caramel, pecan pie & custard
Extra meal to be delivered Friday for Saturday	Pork pie salad	Lemon meringue

All food is prepared in kitchens where nuts, gluten and other allergies could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. (V) suitable for vegetarians or vegetarian option available. Dishes with fish and chicken may contain bones.

--Tear off----------- ---

Please give your order to the driver or ring 01304 372608. Please delete meals you do not wish to receive next week

Name…………………………………………………………………………………………………......**22.02.2026**

Please return this half to the centre by Wednesday each week

	Lunch	Requests	
Sun	Roast beef		
Mon **Please delete one**	Lasagne Or Salmon and hollandaise sauce		
Tue **Please delete one**	Chicken curry Or Sausage, mash & onion gravy		
Wed **Please delete one**	Pork chop in apple & cider sauce Or Quiche, potatoes & vegetables		
Thurs	Roast chicken		
Fri **Please delete one**	Steak & mushroom pie Or Scampi, chips & peas		
Extra meal to be delivered Friday for Saturday	Pork pie salad Lemon meringue	YES	NO