

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Mon 02.02.26	Mince & onion pie	Mandarin cheesecake
Tue 03.02.26	Pork casserole	Pineapple sponge with custard
Wed 04.02.26	Roast chicken	Trifle
Thurs 05.02.26	Beef bourguignon	Orange sponge with custard
Fri 06.02.26	Fish in parsley sauce <u>Or</u> Turkey salad	Meringue with fruit & cream
Sat 07.02.26	Quiche salad (Delivered on Fri 07.02)	Butterscotch whip with fruit

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 02.02.26

Please return this half to the centre by Tues 27 Feb

Day	Lunch	Requests
Mon 02.02.26	Mince & onion pie	
Tue 03.02.26	Pork casserole	
Wed 04.02.26	Roast chicken	
Thurs 05.02.26	Beef bourguignon	
Fri 06.02.26	Fish in parsley sauce <u>Or</u> Turkey salad	
Sat 07.02.26	Pork salad (Delivered on Fri 06.02)	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

