

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sat 04.05.24	Liver & bacon casserole	Jam roly-poly with custard
Sun 05.05.24	Roast beef	Trifle
Mon 06.05.24	Chicken pie	Mandarin cheesecake
Tue 07.05.24	Roast pork	Orange sponge with custard
Wed 08.05.24	Beef hotpot	Pear crumble with custard
Thurs 09.05.24	Roast gammon	Bakewell tart with cream
Fri 10.05.24	Fish cakes Or Ham & egg salad	Strawberry whip with fruit and cream

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 04.05.2024

Please return this half to the centre by Wednesday 01 April

Day	Lunch	Requests
Sat 04.05.24	Liver & bacon casserole	
Sun 05.05.24	Roast beef	
Mon 06.05.24	Chicken pie	
Tue 07.05.24	Roast pork	
Wed 08.05.24	Beef hotpot	
Thurs 09.05.24	Roast gammon	
Fri 10.05.24	Fish cakes Or Ham & egg salad	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

