

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Mon 09.02.26	Chicken chasseur	Lemon sponge with custard
Tue 10.02.26	Roast beef	Jam sponge with custard
Wed 11.02.26	Cottage pie	Chocolate whip with pears
Thurs 12.02.26	Steak pie	Semolina
Fri 13.02.26	Fish cake Or Chicken salad	Gateau
Sat 14.02.26	Pork salad (Delivered on Fri 13.02)	Jelly with fruit

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 09.02.26

Please return this half to the centre by Tues 04 Feb

Day	Lunch	Requests
Mon 09.02.26	Chicken chasseur	
Tue 10.02.26	Roast beef	
Wed 11.02.26	Cottage pie	
Thurs 12.02.26	Steak pie	
Fri 13.02.26	Fish cake Or Chicken salad	
Sat 14.02.26	Pork salad (Delivered on Fri 13.02)	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

