

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sat 10.05.25	Mince, mash & veg	Banana with custard
Sun 11.05.25	Roast pork	Danish pastry
Mon 12.05.25	Steak pie	Treacle sponge with custard
Tue 13.05.25	Roast beef	Rice pudding
Wed 14.05.25	Beef hot pot	Jelly with fruit
Thurs 15.05.25	Chicken casserole	Apple crumble with cream
Fri 16.05.25	Battered fish Or Beef salad	Strawberry whip with & cream

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 10.05.25

Please return this half to the centre by Tues 06 may

Day	Lunch	Requests
Sat 10.05.25	Mince, mash & veg	
Sun 11.05.25	Roast pork	
Mon 12.05.25	Steak pie	
Tue 13.05.25	Roast beef	
Wed 14.05.25	Beef hot pot	
Thurs 15.05.25	Chicken casserole	
Fri 16.05.25	Battered fish Or Beef salad	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

