

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sat 11.05.24	Pasta bolognese	Apricot crumble with custard
Sun 12.05.24	Roast chicken	Profiteroles
Mon 13.05.24	Beef stew & dumplings	Strawberry cheesecake
Tue 14.05.24	Roast turkey	Lemon sponge with custard
Wed 15.05.24	Cottage pie	Chocolate whip with pears
Thurs 16.05.24	Roast pork	Apricot pie with custard
Fri 17.05.24	Battered fish Or Chicken salad	Meringue with fruit and cream

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 06.05.2024

Please return this half to the centre by Wednesday 08 May

Day	Lunch	Requests
Sat 11.05.24	Pasta bolognese	
Sun 12.05.24	Roast chicken	
Mon 13.05.24	Beef stew & dumplings	
Tue 14.05.24	Roast turkey	
Wed 15.05.24	Cottage pie	
Thurs 16.05.24	Roast pork	
Fri 17.05.24	Battered fish Or Chicken salad	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

