

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast

Please make cheques payable to Age UK South Kent Coast

Head Office:
The Deal Centre
3 Park Street
Deal CT14 6AG
Tel: 01304 372608
cateringmarigold@ageukskc.org.uk

	Main Meal	Dessert
Mon 19.01.26	Roast beef	Chocolate sponge with custard
Tue 20.01.26	Chicken & veg pie	Apricot crumble with custard
Wed 21.01.26	Sausage mash & beans	Semolina
Thurs 22.01.26	Mince & mash with onion gravy	Jam sponge with custard
Fri 23.01.26	Fish cake <i>Or</i> Ham & egg salad	Trifle
Sat 24.01.26	Beef salad (Delivered on Fri 23.01)	Danish pastry

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name _____ **19.01.26**

Please return this half to the centre by Tues 13 Jan

Day	Lunch	Requests
Mon 19.01.26	Roast beef	
Tue 20.01.26	Chicken & veg pie	
Wed 21.01.26	Sausage mash & beans	
Thurs 22.01.26	Mince & mash with onion gravy	
Fri 23.01.26	Fish cake <i>Or</i> Ham & egg salad	
Sat 24.01.26	Beef salad (Delivered on Fri 23.01)	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell

Treasurer: Mr I Ward

Chief Officer: Mrs D Barry

Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608

The Marigold Centre, 65 Shaftesbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031

We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

**Age UK Charity
Quality Standard**

certified by


