

## The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at [ageuk.org.uk/southkentcoast](http://ageuk.org.uk/southkentcoast)  
Please make cheques payable to Age UK South Kent Coast

|                                 | Main Meal  | Dessert                               |
|---------------------------------|--|---------------------------------------|
| <b>Mon</b><br><b>22.12.25</b>   | <b>Beef bourguignon</b>  | <b>Jam sponge with custard</b>        |
| <b>Tue</b><br><b>23.12.25</b>   | <b>Cottage pie</b>   | <b>Pear crumble with custard</b>      |
| <b>Wed</b><br><b>24.12.25</b>   | <b>Christmas dinner</b>  | <b>Christmas pudding with custard</b> |
|                                 | <b>Ham &amp; egg salad for Christmas day (delivered Weds 24th)</b> | <b>Mince pie and fruit cake</b>       |
| <b>Thurs</b><br><b>25.12.25</b> | <b>Centre closed – no meal deliveries</b>                          |                                       |
| <b>Fri</b><br><b>26.12.25</b>   | <b>Cheese &amp; bacon quiche</b><br><b>Or turkey salad</b>         | <b>Trifle</b>                         |
| <b>Sat</b><br><b>27.12.25</b>   | <b>Beef salad</b><br><b>(Delivered on Fri 19.12)</b>               | <b>Fruit cake</b>                     |

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 22.12.25

**Please return this half to the centre by Tues 16 Dec**

| Day                             | Lunch  | Requests |
|---------------------------------|--|----------|
| <b>Mon</b><br><b>22.12.25</b>   | <b>Beef bourguignon</b>  |          |
| <b>Tue</b><br><b>23.12.25</b>   | <b>Cottage pie</b>   |          |
| <b>Wed</b><br><b>24.12.25</b>   | <b>Christmas dinner</b>  |          |
|                                 | <b>Ham &amp; egg salad for Christmas day (delivered Weds 24th)</b> |          |
| <b>Thurs</b><br><b>25.12.25</b> | <b>Centre closed – no meal deliveries</b>                          |          |
| <b>Fri</b><br><b>26.12.25</b>   | <b>Cheese &amp; bacon quiche</b><br><b>Or turkey salad</b>         |          |
| <b>Sat</b><br><b>27.12.25</b>   | <b>Beef salad</b><br><b>(Delivered on Fri 19.12)</b>               |          |

A sandwich menu is available on request. Only £2.00 when you order a lunch!

Chairman: Mr B Flavell    Treasurer: Mr I Ward    Chief Officer: Mrs D Barry  
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608  
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031  
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

