

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sat 24.05.25	Chicken pie	Bakewell tart with cream
Sun 25.05.25	Roast beef	Trifle
Mon 26.05.25	Pork casserole	Sponge with chocolate chips & custard
Tue 27.05.25	Roast chicken	Cherry sponge with custard
Wed 28.05.25	Cottage pie	Rice pudding
Thurs 29.05.25	Liver & bacon casserole	Pear crumble with custard
Fri 30.05.25	Fish cake Or Beef salad	Fruit flan with cream

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 24.05.25

Please return this half to the centre by Tues 20 May

Day	Lunch	Requests
Sat 24.05.25	Chicken pie	
Sun 25.05.25	Roast beef	
Mon 26.05.25	Pork casserole	
Tue 27.05.25	Roast chicken	
Wed 28.05.25	Cottage pie	
Thurs 29.05.25	Liver & bacon casserole	
Fri 30.05.25	Fish cake Or Beef salad	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

