

The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at ageuk.org.uk/southkentcoast
Please make cheques payable to Age UK South Kent Coast

	Main Meal	Dessert
Sat 26.04.25	Sweet & sour chicken	Cherry crumble with custard
Sun 27.04.25	Roast gammon	Rice pudding with jam
Mon 28.04.25	Chicken casserole	Apple Sponge with custard
Tue 29.04.25	Steak & veg pie	Semolina
Wed 30.04.25	Cottage pie	Chocolate whip with pears
Thurs 01.05.25	Roast beef	Chocolate sponge with custard
Fri 02.05.25	Fish in parsley sauce Or Beef salad	Banoffee pie

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name----- 26.04.25

Please return this half to the centre by Tues 22April

Day	Lunch	Requests
Sat 26.04.25	Sweet & sour chicken	
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A sandwich menu is available on request. Only £1 when you order a lunch!

Chairman: Mr B Flavell Treasurer: Mr I Ward Chief Officer: Mrs D Barry
Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608
The Marigold Centre, 65 Shaftsbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031
We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

