

## The Deal Centre, Deal & The Marigold Centre, Folkestone

Visit our website at [ageuk.org.uk/southkentcoast](http://ageuk.org.uk/southkentcoast)

Please make cheques payable to Age UK South Kent Coast

Head Office:  
The Deal Centre  
3 Park Street  
Deal CT14 6AG  
Tel: 01304 372608  
cateringmarigold@ageukskc.org.uk

	Main Meal	Dessert
<b>Mon 16.02.26</b>	<b>Sausage mash &amp; baked beans</b>	<b>Orange sponge with custard</b>
<b>Tue 17.02.26</b>	<b>Chicken pie</b>	<b>Cherry sponge with custard</b>
<b>Wed 18.02.26</b>	<b>Beef hot pot</b>	<b>Rhubarb crumble with custard</b>
<b>Thurs 19.02.26</b>	<b>Roast gammon</b>	<b>Strawberry cheesecake</b>
<b>Fri 20.02.26</b>	<b>Battered fish</b> <b>Or Egg &amp; cheese salad</b>	<b>Meringue with fruit &amp; cream</b>
<b>Sat 21.02.26</b>	<b>Ham salad</b> (Delivered on Fri 20.02)	<b>Danish pastry</b>

All food is prepared in kitchens where nuts, gluten and other allergens could be present. Our menu descriptions cannot include all ingredients; if you have a food allergy, please let us know before ordering. Full allergen information is available. Dishes with chicken or fish may contain bones.

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Please delete all meals you do not wish to receive and return your order to the driver or phone 01303 279621.

Name \_\_\_\_\_ **16.02.26**

**Please return this half to the centre by Tues 10Feb**

Day	Lunch	Requests
<b>Mon 16.02.26</b>	<b>Sausage mash &amp; baked beans</b>	
<b>Tue 17.02.26</b>	<b>Chicken pie</b>	
<b>Wed 18.02.26</b>	<b>Beef hot pot</b>	
<b>Thurs 19.02.26</b>	<b>Roast Gammon</b>	
<b>Fri 20.02.26</b>	<b>Battered fish</b> <b>Or Egg &amp; cheese salad</b>	
<b>Sat 21.02.26</b>	<b>Ham salad</b> (Delivered on Fri 20.02)	

A sandwich menu is available on request. Only £1.50 when you order a lunch!

Chairman: Mr B Flavell

Treasurer: Mr I Ward

Chief Officer: Mrs D Barry

Head Office: The Deal Centre, 3 Park Street, Deal, Kent, CT14 6AG. Telephone 01304 372608

The Marigold Centre, 65 Shaftesbury Avenue, Folkestone, Kent, CT19 6NS. Telephone 01303 279031

We are a Charitable Incorporated Organisation. Registered Charity No. 1187363

**Age UK Charity  
Quality Standard**

certified by


