



Tewkesbury Information February 2024

Age UK Drop-In sessions in Tewkesbury

Thursday 10:00am – 12:00noon

Northway Community Parish Hub
Lee Walk, Ashchurch, GL20 8QG

Thursday 1:30pm – 4:00pm

Tewkesbury Library
Sun Street, Tewkesbury, GL20 5NX

Age UK Gloucestershire in Tewkesbury

Ida Pöschel

Age Friendly Communities Lead for Tewkesbury

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Age UK Gloucestershire

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Website – <https://www.ageuk.org.uk/gloucestershire/>

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This information is collated by Age UK Gloucestershire to help colleagues provide support to older people. It is updated regularly and to the best of our knowledge, it is accurate on the date shown. Some information unfortunately remains incomplete, but we have gathered the details to the best of our abilities.

We are not responsible for any inaccuracies. If you have updates or would like to add information, please email **IPoschel@ageukgloucestershire.org.uk** with *Essential Information Tewkesbury update* in the subject box.

February 2024

We produce monthly updates of opportunities, advice, and guidance to share with people in Gloucestershire. If you would like to receive these, you can sign up to our newsletter using the link below.

<https://www.ageuk.org.uk/gloucestershire/about-us/newsletter-sign-up/>

Activities/ Information/ Groups

Ashchurch

Veterans & Family Breakfast Club	1st Saturday of the Month 9:30 – 11:00		Elmbury Lodge Brewers Fayre, Shannon Way Ashchurch, GL20 8ND
Dancefit This class is suitable for all levels of fitness and age. It's a ballroom 'Strictly' based dance fitness class, suitable for all levels of fitness and age. £6 pay as you go	Monday 09:30-10:25	Kirsty 07885545592	Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA

Mitton Manor Players	Monday 19:30-21:30 Wednesday 19:30-21:30 (not the second Wednesday of the month)		Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA
Konga Jungle Body An all-in-one work out focusing on strength, dance, core, Pilates, movement, and we include floor work (mats required). £6 pay as you go	Wednesday 09:30 10:25	Kirsty 07885 545592	Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA
Sacred Earth Sound Therapy with Angie Latham	2nd Wednesday of the month 19:30-21:00	https://www.sacredearthsoundtherapy.com/events	Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA

<p>Line Dancing</p>	<p>Thursday Beginners 19:00-20:00</p> <p>Intermediate/Improvers 20:30-21:30</p>	<p>Jackie Barber 07882 961358 jackie-barber@outlook.com</p>	<p>Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA</p>
<p>GetLow (Jungle Body) This is a low impact Konga class, its dance fitness class suitable for the mature generation, anyone in recovery, or intending to rebuild fitness levels. The class incorporates balance, strength, dance, mental health improvements.</p> <p>£6 pay as you go</p>	<p>Thursday 09:30-10:25</p>	<p>Kirsty 07885545592</p>	<p>Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA</p>

<p>Zumba Fitness Zumba is a Latin-based dance fitness class suitable for all levels, an hour of dance and fun, perfect for improving mental health.</p> <p>£6 pay as you go</p>	<p>Friday 09:15-10:10</p>	<p>Kirsty 07885545592</p>	<p>Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA</p>
<p>Fitness Pilates Fitness Pilates is a beginner's level Pilates class, concentrating on muscle strength, posture, core improvement, mental cognition. £6 pay as you go</p>	<p>Friday 10:30-11:30</p>	<p>Kirsty 07885545592</p>	<p>Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA</p>
<p>Tapestry Chamber Choir</p>	<p>Saturday 10:30-11:30</p>	<p>www.tapestrychamberchoir.co.uk facebook.com/TapestryChoirGlos</p>	<p>Ashchurch Village Hall Ashchurch Road, Ashchurch, Tewkesbury, Gloucestershire. GL20 8LA</p>

<p>Memory Café Ashchurch View Care Home and Tewkesbury Fields Care Home share being host for the Memory Café. It is held in each location every other month.</p>	<p>4th Wednesday 14:00-16:00</p> <p>29/02/2024 - Ashchurch View 29/03/2024 - Tewkesbury Fields 25/04/2024 - Ashchurch View 30/05/2024 - Tewkesbury Fields 27/06/2024 - Ashchurch View</p>	<p>Sarah Walker, Activities Coordinator 01684 858900 ashchurchview.activities@barchester.com</p>	<p>Ashchurch View Care Home Ashchurch Road, Ashchurch, Tewkesbury, GL20 8US</p> <p>Tewkesbury Fields Care Home The Oxhey, Tewkesbury, GL20 6HP</p>
<p>Community Coffee Morning</p>	<p>Friday 11:00-12:30</p>	<p>Sarah Walker, Activities Coordinator 01684 858900 ashchurchview.activities@barchester.com</p>	<p>Ashchurch View Care Home Ashchurch Road, Ashchurch, Tewkesbury, GL20 8US</p>

Apperley

<p>Strength, Balance & Support Groups</p> <p>Hot drinks & social afterwards</p> <p>£4 per session</p>	<p>Tuesday 14:00</p>	<p>Mythe Medical Practice & Inspire Healthcare Church Street No booking required</p>	<p>Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP</p>
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Yoga	Monday 14:00-15:30	Contact Village Hall for more information	Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP
Hatha Yoga Gentle stretches, breathing and relaxation on a Monday night. Mixed ability class and new students are always welcome.	Monday 18:30-20:00	Contact for more information and to check term dates. Claire, 01452 525519	Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP
Zumba	Tuesday 18:30- 19:30	Message/email for details, booking essential lisaallday1@gmail.com 07821123071	Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP
Severnsider - Coffee 'n Cake Morning £3 for coffee and cake	1st Tuesday of every month 10:00 – 12:00		Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP
Positive Pilates "Next Step" £5 per class	Wednesday 18:00-19:00	Shelley 07432 852744 positivepilates@gmail.com www.positivepilateslocal.co.uk	Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP

<p>Positives Pilates "Beginners"</p> <p>£64 for 8week course</p>	<p>Wednesday 19:00-20:00</p>	<p>Shelley 07432 852744 positivepilates@gmail.com www.positivepilateslocal.co.uk</p>	<p>Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP</p>
<p>Core Fitness</p> <p>mat-based core exercise, encouraging strength, balance, and toning.</p> <p>£4 per session Booking essential</p>	<p>Thursday 18:00-18:30</p>	<p>Message/email for details, booking essential lisaallday1@gmail.com 07821123071</p>	<p>Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP</p>
<p>Circuit training Free Man Fitness £7 per session No booking required.</p>	<p>Thursday 19:00-20:00</p>	<p>For further information, check Facebook page, or visit: www.freeman.fitness info@freeman.training 07572294182</p>	<p>Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP</p>

<p>Open Door</p> <p>Lunch + raffle</p> <p>Please book in advance to confirm availability. Please bring a contribution towards the cost of lunch of £6, and please bring a raffle prize to give out.</p>	<p>3rd Thursday of every month 11:30 – 14:00</p>	<p>Eileen 01452 780707 Marian 01452 780182</p>	<p>Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP</p>
<p>Art Class</p> <p>Any medium - coloured pencils, watercolour pencils, pastels, watercolour, acrylic, oils etc.</p> <p>£5 per session</p>	<p>Friday 14:00-16:00</p>	<p>Contact Penny for further details. penelope_williams@sky.com 01452 780570</p>	<p>Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP</p>

<p>Martial Art Advanced class for 1st Keubs and above.</p>	<p>Every other Friday 18:00-19:00</p>	<p>harry@triumphmartialarts.co.uk www.triumphmartialarts.co.uk</p>	<p>Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP</p>
<p>The Parish Players</p> <p>Anyone is welcome to join. There are many ways you can be involved from acting and singing to writing and production. Production of yearly pantomime to raise money for the village hall.</p>	<p>Every other Thursday 19:00-21:00</p>	<p>Get in touch via the Parish Players (Apperley) on Facebook or email us parishplayersapperley@gmail.com www.facebook.com/ParishPlayersApperley</p>	<p>Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP</p>
<p>U3A Craft Club</p>	<p>Fridays 10:00- 12:0</p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Apperley Village Hall, Sawpit Ln, Gloucester GL19 4DP</p>

U3A Pétanque	Tuesday 10:30	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Farmers Arms Ledbury Road, Lower Apperley, Apperley GL19 4DR</p>
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Bredon (Worcestershire)

<p>Fitness, strength, and balance class Hot drinks & social afterwards £4 per session</p> <p>Level 2: mixed, standing and seated.</p>	Tuesday 11:45	<p>Contact: 07503 876430 fitforlifegloucester@gmail.com www.facebook.com/fitforlifegloucester</p>	<p>Bredon Village Hall, Main Road, Bredon, GL20 7QN</p>
Bredon WI	Third Tuesday 18:30-21:15	<p>Chris Lester 07841 704510 christine.lester@gmail.com https://gloucestershire.thewi.org.uk/find-wi/bredon</p>	<p>Bredon Village Hall, Main Road, Bredon, GL20 7QN</p>

KFA Dance Fitness (Keep Fit) Fitness classes for over 60s	Wednesday 10:15-11:15	Gill O'Donaghue 01386 685 4830 07982 481756 gillcod@aol.com	Bredon Village Hall, Main Road, Bredon, GL20 7QN
Chichi Dance Fitness Dance	Wednesday 18:45-19:45 19:45-20:45	Nicola Seeds seedie@chichi-fit.co.uk https://chichi-fit.co.uk/	Bredon Village Hall, Main Road, Bredon, GL20 7QN
Bounce and Burn	Monday 20:00 - 21:00 Tuesday 18:45 - 19:45 Thursday 19:45 - 20:45	Dominica Gutek 07852 185363 info@triptobefit.co.uk https://www.bounceandburnwithdomi.com/	Bredon Village Hall, Main Road, Bredon, GL20 7QN
Tai Chi Beginners Class £8 per beginners' class	Friday 10:50 – 11:45	0750 868631 https://cheltenhamgloucestertaichi.com/ info@cheltenhamgloucestertaichi.com	Bredon Village Hall, Main Road, Bredon, GL20 7QN
Tai Chi Experienced	Friday 09:45 - 10:45	0750 868631 https://cheltenhamgloucestertaichi.com/ info@cheltenhamgloucestertaichi.com	Bredon Village Hall, Main Road, Bredon, GL20 7QN

Tae Kwon Do	Tuesday 18:30-19:30	Karl Bennlett 07772 462947 sj.lucas@btinternet.com	Old Hall Bredon Village Hall, Main Road, Bredon, GL20 7QN
Table Tennis	Wednesday 16:00-19:30	Mike Dill 07545 882235 mikedill59@hotmail.com	Chandler Room Bredon Village Hall, Main Road, Bredon, GL20 7QN
Yoga	Monday 9:30- 10:45 18:30-19:30	Sue Nash 07890 734782 https://www.suenash.co.uk/ sue_nash@hotmail.co.uk	Chandler Room Bredon Village Hall, Main Road, Bredon, GL20 7QN
Zumba	Thursday 09:30 - 12:00	Michele Darnell 0788 508 2817 michele.darnell@btinternet.com	Chandler Room Bredon Village Hall, Main Road, Bredon, GL20 7QN
Positive Pilates Next Steps	Tuesday 09:30 – 10:30 10:30-11:30 18:00-19:00	Shelley 07432 852744 positivepilates@gmail.com www.positivepilateslocal.co.uk	Bredon Village Hall, Main Road, Bredon, GL20 7QN
Crafters Reunited	Third Wednesday 13:00-16:00	Pauline Southwell 07966829432 paulineb77@gmail.com https://bredoncrafters.artweb.com/	Jubilee Room Bredon Village Hall, Main Road, Bredon, GL20 7QN
Quilting & Textile Arts	4th Wednesdays 13:00-16:00	Gill Derrett derrettfamily@gmail.com	Old Hall Bredon Village Hall, Main Road, Bredon, GL20 7QN

Probus Club Tewkesbury & Bredon Hill	Tuesday 10:00-12:00	Brian Everard 01684 772047 brian.everard@btinternet.com https://probusclub.net/tewkesbredon/	Jubilee Room Bredon Village Hall, Main Road, Bredon, GL20 7QN
U3A Kurling	Friday 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Bredon Village Hall, Main Road, Bredon, GL20 7QN
U3A Photography	First Tuesday 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Bredon Village Hall, Main Road, Bredon, GL20 7QN
U3A Art in Bredon	Monday 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Bredon Village Hall, Main Road, Bredon, GL20 7QN

U3A Skittles	1st & 3rd Tuesday 13:45	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	AFC Bredon Club House Main Rd, Bredon, Tewkesbury GL20 7QN
Bredon Bowling Club Club nights and socials e.g., Quiz night, Bingo, and Race evening.	Coaching sessions Monday 18:00-20:00 Tuesday 14:00-16:00	BredonBowlingClub@gmail.com 01684 772 008	Bredon Bowling Club Main Road Bredon Gloucestershire GL20 7QN

Bushley

Tewkesbury Flower Club	2nd Tuesday of month 13:30 Meeting starts at 14:00 14/02/2024 14/03/2024 11/04/2024 09/05/2024 13/06/2024 11/07/2024 08/0/2024 12/09/2024 17/10/2024 14/11/2024 12/12/2024	01684 294544 http://www.tewkesburyflowerclub.co.uk/	Bushley Village Hall GL20 6HT
Craft Workshop Needs to be pre-booked	3rd Tuesday of the month	www.bushleyvillagehall.org.uk/events/	Bushley Village Hall GL20 6HT
Bushley Bowls Indoor Short mat	Monday 19:00 – 21:30	www.bushleyvillagehall.org.uk/events/	Bushley Village Hall GL20 6HT
Positive Pilates Next Steps	Wednesday 09:30-10:30	Shelley 07432 852744 positivepilates@gmail.com www.positivepilateslocal.co.uk	Bushley Village Hall GL20 6HT

Positive Pilates Beginners	Wednesday 10:30-11:30	Shelley 07432 852744 positivepilates@gmail.com www.positivepilateslocal.co.uk	Bushley Village Hall GL20 6HT
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Mitton

Gentle Social Walks Short, gentle walks for people who are currently inactive. Walks last about 30 minutes and are about 1 mile long. Wheelchairs, walkers, and other walking aids welcome. Time for a chat and a hot drink afterwards	Monday 10:30- 12:00	For more information or to sign up please contact Ida Pöschel 07599 109936 IPoschel@ageukgloucestershire.org.uk	Marina Court Trafalgar Road, Tewkesbury, GL20 5AY
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<p>Carer Coffee Morning</p> <p>Dementia Friendly, wheelchair accessible</p>	<p>first Tuesday of the month between 10:30 -11:30</p>	<p>Gloucestershire Carers Hub 0300 111 9000 carers@peopleplus.co.uk</p> <p>https://www.facebook.com/Gloucestershirecarershub/ https://twitter.com/gcarershub https://www.instagram.com/Gloucestershire_Carers_Hub/ https://gloucestershirecarershub.co.uk/</p>	<p>Marina Court Trafalgar Road, Tewkesbury, GL20 5AY</p>
<p>New Age Kurling/ Bowling £1</p>	<p>Monday 14:30</p>	<p>Georgina Kirby 07702 858828, Georgina.kirby@ccp.org.uk Marina Court office 01684 274256</p>	<p>Marina Court Trafalgar Road, Tewkesbury, GL20 5AY</p>
<p>Coffee Morning Chat 50p/£1</p>	<p>Tuesday, fortnightly 10:30</p>	<p>Georgina Kirby 07702 858828, Georgina.kirby@ccp.org.uk Marina Court office 01684 274256</p>	<p>Marina Court Trafalgar Road, Tewkesbury, GL20 5AY</p>

<p>Chair based exercise with Helen Hot drinks & social afterwards £4</p>	<p>Wednesday 10:00</p>	<p>Helen, Mythe Medical Practice& Inspire Healthcare Church Street No booking required.</p> <p>Georgina Kirby 07702 858828, Georgina.kirby@ccp.org.uk Marina Court office 01684 274256</p>	<p>Marina Court Trafalgar Road, Tewkesbury, GL20 5AY</p>
<p>Knit & Natter 50p</p>	<p>Wednesday 14:00</p>	<p>Georgina Kirby 07702 858828, Georgina.kirby@ccp.org.uk</p> <p>Marina Court office 01684 274256</p>	<p>Marina Court Trafalgar Road, Tewkesbury, GL20 5AY</p>
<p>Other events For an updated schedule of events held at Marina court contact Georgina Kirby</p>		<p>Georgina Kirby 07702 858828, Georgina.kirby@ccp.org.uk Marina Court office 01684 274256</p>	<p>Marina Court Trafalgar Road, Tewkesbury, GL20 5AY</p>
<p>Mitton WI</p>	<p>First Monday of the month 19:30</p>	<p>mittonwi@gmail.com 07846453523</p> <p>https://en-gb.facebook.com/mittonwi/</p>	<p>Mitton Manor Primary School Carrant Road, Tewkesbury GL20 8AR</p>

Northway

<p>Zumba Gold This class is low impact Zumba, suitable for the mature generation, anyone in recovery or wanting to start off slow. There is access for wheelchairs. £6, pay as you go</p>	<p>Every Tuesday 9:30 – 10:25</p>	<p>Kirsty 07885 545592</p>	<p>Northway Community Hub Main Hall Lee Walk, Ashchurch GL20 8QG</p>
<p>Tewkesbury Yoga</p>	<p>Every Tuesday 18:00 – 19:15</p>	<p>rachel@tewkesburyyoga.com</p>	<p>Northway Community Hub Main Hall Lee Walk, Ashchurch GL20 8QG</p>
<p>Book Club</p>	<p>2nd Wednesday 10:30 – 12:00</p>	<p>01684 290997</p>	<p>Northway Community Hub Main Hall Lee Walk, Ashchurch GL20 8QG</p>
<p>Lunch Club</p>	<p>1st/3rd/5th Wednesday 12:30</p>	<p>Liz Brown 01684 772396</p>	<p>Northway Community Hub Main Hall Lee Walk, Ashchurch GL20 8QG</p>

<p>Wellness Circuits</p> <p>Wight loss, balance, strength, toning Cardio.</p> <p>£4 Weight loss £6.50</p>	<p>Every Wednesday 17:30</p>	<p>07740 309750</p>	<p>Northway Community Hub Main Hall Lee Walk, Ashchurch GL20 8QG</p>
<p>Fitness, strength, and balance class</p> <p>Hot drinks & social afterwards £4 per session</p> <p>Level 2 (mixed standing and seated)</p>	<p>Every Thursday 10:00 am</p>	<p>07503 876430 fitforlifegloucester@gmail.com Facebook page: www.facebook.com/fitforlifegloucester</p>	<p>Northway Community Hub Main Hall Lee Walk, Ashchurch GL20 8QG</p>
<p>Chair Strength and balance class</p> <p>Hot drinks & social afterwards £4 per session</p> <p>Level 1 (mainly seated)</p>	<p>Every Thursday 11:00</p>	<p>07503 876430 fitforlifegloucester@gmail.com Facebook page: www.facebook.com/fitforlifegloucester</p>	<p>Northway Community Hub Main Hall Lee Walk, Ashchurch GL20 8QG</p>

Bingo	1st Thursday 13:30 – 15:00	01684 290997	Northway Community Hub Main Hall Lee Walk, Ashchurch GL20 8QG
Cooking Group Cook low budget meals, learn new skills, meet people. Spaces limited	Every 4th Monday of the month 11:00-13:00	James Baker: 07593 446894 James.baker@ccp.org.uk James Aldridge: 07593 446891 James.aldridge@ccp.org.uk	Northway Community Hub Main Hall Lee Walk, Ashchurch GL20 8QG
Age UK Gloucestershire Drop-In sessions	Thursday 10:00 – 12:00	Ida Pöschel 07599 109936 IPoschel@ageukgloucestershire.org.uk Age UK Gloucestershire Community Drop-ins	Northway Community Hub Lee Walk, Ashchurch GL20 8QG
Gentle Social Walks Short, gentle walks for people who are currently inactive. Walks last about 30 minutes and are about 1 mile long. Chat and a hot drink afterwards	Friday 10:30 – 12:00	For more information or to sign up please contact Ida Pöschel 07599 109936 IPoschel@ageukgloucestershire.org.uk	Northway Community Hub Lee Walk, Ashchurch GL20 8QG

Warm Space Free refreshments and activities	Monday & Tuesday 10:00-15:00	01684 297938 parish.council@northwaypc.org.uk	Northway Community Hub Lee Walk, Ashchurch GL20 8QG
Warm and Welcome Wednesdays Free refreshments, activities, and information. For people aged 55+	Wednesday 11:00	01202 319 119 Please contact the organiser for information about the different activities that will be held each week.	Brannigan Court Northway Lane, Tewkesbury GL20 8UD

Priors Park

Dance with Parkinson's + drink and socialising afterwards. £5 per class	Tuesday 11:00 – 12:30	Sarah 01242 603207 dancebesocial@gmail.com https://www.facebook.com/DancewithParkinsonsMS Gloucestershire/	Priors Park Community Church, Queens Road, Tewkesbury, GL20 5EY
Luncheon Club £5.50	Wednesday 11:30-14:00	office@priorsparkcommunitychurch.co.uk Nigel Hadow (church leader): 07307 079129	Priors Park Community Church, Queens Road, Tewkesbury, GL20 5EY

<p>Strength and Fitness</p> <p>£4</p>	<p>Friday 10:30</p>	<p>Mythe Medical Practice& Inspire Healthcare Church Street No booking required.</p>	<p>Priors Park Community Church, Queens Road, Tewkesbury, GL20 5EY</p>
<p>Seated Zumba class for adults with special needs</p> <p>This class is suitable for adults with special needs, we remain seated to accommodate wheelchairs or those who are unsteady on their feet, participants may have sight or hearing problems, but they can still participate and enjoy. The carers are welcome to join in.</p> <p>£5 pay as you go</p>	<p>Thursday 11:00-11:55</p>	<p>Kirsty 07885545592</p>	<p>Priors Park Community Church, Queens Road, Tewkesbury, GL20 5EY</p>

<p>Chill and Chat</p> <p>“Play some interesting games, enjoy free refreshments and chat together.” Bingo and other games.</p>	<p>Tuesday 09:00</p>	<p>office@priorsparkcommunitychurch.co.uk</p> <p>Nigel Hadow (church leader): 07307 079129</p>	<p>Priors Park Community Church, Queens Road, Tewkesbury, GL20 5EY</p>
<p>Men’s Group</p> <p>“Sharing time together as men, learning how we can support each other through the difficulties of life.”</p>	<p>every other Friday 19:30</p>	<p>office@priorsparkcommunitychurch.co.uk</p> <p>Nigel Hadow (church leader): 07307 079129</p>	<p>Priors Park Community Church, Queens Road, Tewkesbury, GL20 5EY</p>

<p>Compassion Café</p> <p>“In support of Compassion UK. Providing free and low-cost food and drinks</p> <p>Full breakfast and lunch menus.”</p>	<p>Tuesday and Friday 09:00-14:00</p>	<p>office@priorsparkcommunitychurch.co.uk</p> <p>Nigel Hadow (church leader): 07307 079129</p>	<p>Priors Park Community Church, Queens Road, Tewkesbury, GL20 5EY</p>
<p>Warm Welcome Space</p> <p>Hot drink and Hot meal</p>	<p>Tuesday 9:00-16:00</p> <p>Friday 09:00-16:00</p>		<p>Priors Park Community Church, Queens Road, Tewkesbury, GL20 5EY</p>
<p>Crafty Nature Community</p> <p>Arts & Crafts group using materials from home & nature to create arts & crafts.</p>	<p>second Wednesday of the month 10:00 – 11:30</p>	<p>James Baker: 07593 446894 James.baker@ccp.org.uk</p> <p>James Aldridge: 07593 446891 James.aldridge@ccp.org.uk</p>	<p>Priors Park Neighbourhood Project York road GL20 5HU</p>

Tewkesbury Nature Reserve	Wildlife walks and activities, volunteering opportunities	Nature Reserve Tewkesbury 07483 294894 info@tewkesburynaturereserve.org.uk https://tewkesburynaturereserve.org.uk/	
Tewkesbury Nature Reserve Citizen Scientists Volunteering event.	every second Wednesday of the month 10:00-11:30pm	volunteers@tewkesburynaturereserve.org.uk	
Tewkesbury Nature Reserve Practical Volunteer Day	3rd Wednesday 10:00-15:00	volunteers@tewkesburynaturereserve.org.uk	
Tewkesbury Nature Reserve Walking Group 60 minute long, opportunity to socialise and have a hot drink afterwards at Priors Park Neighbourhood Project	Every second and fourth Monday each month 13:00	3w@tewkesburynaturereserve.org	Walk starts at Priors Park Neighbourhood Project (PPNP), York Road, GL20 5HU.

<p>Tewkesbury Community Gardening Project</p> <p>Volunteers needed to help grow fruit and vegetables.</p>	<p>Second Wednesday of the month 13:00 – 15:00</p>	<p>James Baker: 07593 446894 James.baker@ccp.org.uk Or Giles Alder: 07375 130568 volunteers@tewkesburynaturereserve.org.uk</p>	<p>Orchard is located at entrance to Tewkesbury Nature Reserve</p> <p>Queens Road GL20 5EL</p>
<p>Priors Park Neighbourhood Project</p>	<ul style="list-style-type: none"> - Weekly Drop-in advice sessions - Digital support - Health and wellbeing activities - Mental health support and building confidence - Job club and welfare to work 	<p>01684 290069 https://priorsparkneighbourhoodproject.co.uk</p>	<p>Priors Park Neighbourhood Project York Road, Tewkesbury, GL20 5HU</p>
<p>Coffee and create</p>	<p>Wednesday, every other week 2nd & 4th 10:00 – 12:00</p>	<p>01684 290069</p>	<p>Priors Park Neighbourhood Project York Road, Tewkesbury, GL20 5HU</p>

<p>Woodworking Shed Open to all. Support for people who live with mental health problems, and those who are feeling lonely and isolated.</p>	<p>Tuesday 10:00 – 15:00</p> <p>Friday 10:00 – 15:00</p>	<p>Manny Smith Contact Priors Park Neighbourhood Project 01684 290069 info@ppnp.co.uk https://priorsparkneighbourhoodproject.co.uk/ppnp-sheds/</p>	<p>Priors Park Neighbourhood Project York Road, Tewkesbury, GL20 5HU</p>
<p>Housing Support</p>	<p>Wednesday 10:00 – 12:00</p>	<p>CCP Housing Support 0300 3652002</p>	<p>Priors Park Neighbourhood Project York Road, Tewkesbury, GL20 5HU</p>
<p>Pantry Referrals only £4</p>	<p>Wednesday 10:00-12:00</p>	<p>01684 290069 info@ppnp.co.uk</p>	<p>Priors Park Neighbourhood Project York Road, Tewkesbury, GL20 5HU</p>
<p>Digi hub Digital support, no booking required</p>	<p>Wednesday 9:00-15:00</p>	<p>01684 290069 info@ppnp.co.uk</p>	<p>Priors Park Neighbourhood Project York Road, Tewkesbury, GL20 5HU</p>

U3A Solos too	Second Saturday 10:30	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Gupshill Manor Gloucester Rd, Tewkesbury GL20 5SY
U3A French Improvers	Tuesday 10:45	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Gupshill Manor Gloucester Rd, Tewkesbury GL20 5SY
U3A Discussion	Second & fourth Thursday 10:35	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Gupshill Manor Gloucester Rd, Tewkesbury GL20 5SY

U3A Strumming for Fun (Guitars)	Wednesday 10:00-12:00	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Gupshill Manor Gloucester Rd, Tewkesbury GL20 5SY</p>
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Ripple (Worcestershire)

U3A Garden Visits	Third Friday 10:00 (Or at venue)	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Ripple Parish Hall School Lane Ripple Tewkesbury Glos. GL20 6EU</p>
Tai Chi Pre-booking essential	Monday 14:00-15:00	<p>Linda Edwards Tel; 01684 569677 lindaedwards731@btinternet.com</p>	<p>Ripple Parish Hall School Lane Ripple Tewkesbury Glos. GL20 6EU</p>

Pilates Pre-booking essential	Monday & Wednesday 18:00-19:00	Ursula Pearson Tel; 07804 576236 info@pearsonpilates.co.uk www.pearsonpilates.co.uk	Ripple Parish Hall School Lane Ripple Tewkesbury Glos. GL20 6EU
Short Matt Bowls No booking required	Tuesday & Wednesday 10:00 – 12:00	Monica Carter Tel; 07789 235140 oldharry63@aol.com	Ripple Parish Hall School Lane Ripple Tewkesbury Glos. GL20 6EU
Ripple & Earls Croome WI	1st Tuesday of every month 19:30	https://www.facebook.com/groups/1926046557776700/?ref=share%20group%20link	Ripple Parish Hall School Lane Ripple Tewkesbury Glos. GL20 6EU

Strensham (Worcestershire)

Mel's Yoga and Pilates Fusion	Monday & Wednesday 09:30-10:30	Mel withmel@hotmail.com www.melsyoga.weebly.com	Strensham Village Hall Hill View Rd, Upper Strensham, Worcester WR8 9LJ
Book Club	Next meeting 21/05/2024 19:30-21:00	07966484579 http://www.strenshamvillagehall.org.uk/	Strensham Village Hall Hill View Rd, Upper Strensham, Worcester WR8 9LJ

Village Coffee Morning	First Thursday of the month 10:30-12:00	07966484579 http://www.strenshamvillagehall.org.uk/	Strensham Village Hall Hill View Rd, Upper Strensham, Worcester WR8 9LJ
Fitness and Mobility with Lewis Refreshments afterwards	Thursday 12:30-13:30	Lewis 07793 540545 lewisdallard@live.co.uk	Strensham Village Hall Hill View Rd, Upper Strensham, Worcester WR8 9LJ

Tewkesbury Centre

Tewkesbury Running Club 12 months membership costs £25	Monday 18:25 Wednesday 18:45	membership@tewkesburyrunningclub.com https://www.tewkesburyrunningclub.com/join-us	Ashchurch Road, Tewkesbury, GL20 8AB
Lady Runners of Tewkesbury 3 miles (5k) upwards £2	Sunday 09:00	Please visit website for more information and to book a run. https://groups.runtogether.co.uk/LADYRUNNERSofTewkesbury/Runs/Summary/25c47b11-6f24-4839-a9af-f9ce17660f0a#book-sessions	Cascade Car Park Oldbury Rd, Tewkesbury GL20 5LZ

<p>Tewkesbury parkrun</p> <p>Free 5k community event</p> <p>Walkers are welcome to.</p>	<p>Saturday 09:00</p>	<p>https://www.parkrun.org.uk/tewkesbury/</p> <p>Register online: https://www.parkrun.org.uk/register/?eventName=tewkesbury</p> <p>If you would like to volunteer, please contact tewkesbury@parkrun.com</p>	<p>Vineyards, Gander Lane, Tewkesbury, Gloucestershire, GL20 5PG</p>
<p>Through The Lens Photography Club Tewkesbury</p>	<p>1st Saturday of every month 11:00</p> <p>For date and location of mid-month meeting, please contact Facebook group.</p>	<p>https://www.facebook.com/groups/1074632999284640/</p>	<p>Tewkesbury Rugby Club The Moats, Gander Lane, Tewkesbury GL20 5PG</p>
<p>Tewkesbury Walking Rugby</p>	<p>Wednesday 18:00</p>	<p>info@tewkesburyrfc.co.uk 01684 294364</p>	<p>Tewkesbury Rugby Football Club Ltd The Moats, Gander Lane, Tewkesbury GL20 5PG</p>

<p>Singing for Health and Wellbeing No experience required, breathing and relaxation exercise. Free, booking required.</p>	<p>Wednesday (monthly) Upcoming dates 14/02/2024 13/03/2024 14:00-15:15</p>	<p>01684 295074 (The Roses) getcreative@rosetheatre.org https://www.rosetheatre.org/events/entry/sing-for-breath#.Y3d1MMfP25c</p>	<p>The Roses Theatre Sun Street, Tewkesbury GL20 5NX</p>
<p>The Roses' Choir £6 per session</p>	<p>Tuesday 10:00 – 11:30</p>	<p>01684 295074 (The Roses) getcreative@rosetheatre.org /https://www.rosetheatre.org/get-involved/community-involvement-involvement</p>	<p>The Roses Theatre Sun Street, Tewkesbury GL20 5NX</p>
<p>U3A Painters' Group (Painting for Pleasure)</p>	<p>Friday 10:00 – 12:00</p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>The Roses Theatre Sun Street, Tewkesbury GL20 5NX</p>
<p>Bingo £1 per game (6 games plus one bonus round)</p>	<p>Monday 13:45</p>	<p>01684 295074 (The Roses) getcreative@rosetheatre.org https://www.rosetheatre.org/get-involved/community-involvement</p>	<p>The Roses Theatre Sun Street, Tewkesbury GL20 5NX</p>

Quiz Night £1 entry	Tuesday 19:30 Upcoming dates: 13/02/2024 12/03/2024	01684 295074 (The Roses) getcreative@rosetheatre.org https://www.rosetheatre.org/get-involved/community-involvement	Eric's Bar The Roses Theatre Sun Street, Tewkesbury GL20 5NX
One Size Fits: Open Mic	Third Tuesday of the month 19:00-21:30 20/02/2024 19/03/2024	01684 295074 (The Roses) getcreative@rosetheatre.org https://www.rosetheatre.org/get-involved/community-involvement	The Roses Theatre Sun Street, Tewkesbury GL20 5NX
Drink & Draw With local art tutor, learn new art skills, have a drink and a doodle, materials included. £10	Fourth Tuesday of the month 19:30 – 21:30 27/02/2024 26/03/2024	01684 295074 (The Roses) getcreative@rosetheatre.org https://www.rosetheatre.org/get-involved/community-involvement	Eric's Bar The Roses Theatre Sun Street, Tewkesbury GL20 5NX
Tewkesbury Friends of the Earth	Regular meetings	Contact Steve Goodchild mannscourt@orpheusmail.co.uk https://www.facebook.com/TewkesburyFoE/ https://takeclimateaction.uk/group/tewkesbury-and-district-friends-earth?_ga=2.233035354.575786082.1668764056-370319176.1668536806	Please check the Facebook page or contact the group where meetings are held

<p>Autistic Adults Drop-In</p>	<p>Bi-weekly Wednesday 12:00-14:00</p> <p>07/02/2024 21/02/2024 06/03/2024 20/03/2024</p>	<p>Community Autism Support and Advice Team info@independencetrust.co.uk</p> <p>https://www.facebook.com/CASAGloucestershire/</p>	<p>Rosado Lounge, 103-105 Church Street, Tewkesbury, GL20 5AB</p>
<p>Friends of Victoria Pleasure Gardens Tewkesbury</p> <p>Volunteering opportunities: maintaining the gardens, admin, social media.</p>	<p>Tuesday & Thursday</p> <p>Please contact the organiser for exact dates</p>	<p>Jane Griffiths Janegriffiths098@gmail.com</p> <p>friendsofvictoriagardenstewks@gmail.com</p> <p>https://www.facebook.com/FriendsOfVictoriaGardensTewkesbury/</p>	<p>Mill Street, Tewkesbury GL20 5SW</p>
<p>Social Group Age UK Gloucestershire</p>	<p>Wednesday 10:30-12:00</p>	<p>Ida Pöschel 07599 109936 IPoschel@ageukgloucestershire.org.uk</p> <p>https://www.ageuk.org.uk/gloucestershire/our-services/community-drop-ins/</p>	<p>The Black Bear High St, Tewkesbury GL20 5BJ</p>

Age UK Gloucestershire Drop-In sessions	Thursday 13:30 – 16:00	Ida Pöschel 07599 109936 IPoschel@ageukgloucestershire.org.uk https://www.ageuk.org.uk/gloucestershire/our-services/community-drop-ins/	Tewkesbury Library Sun Street GL20 5NX
Tewkesbury Civic Society Talks, Trips & Community Projects	Please visit website or get in touch to find out about activities	www.tewkesburycivicsociety.org info@tewkesburycivicsociety.org 01684 290114 https://www.facebook.com/tewkesburycivicsociety/about	Old Baptist Chapel Old Baptist Chapel Court, Off of Church Street, Tewkesbury GL2 5RZ
Tewkesbury Library Club Library Club for older people with free transport for housebound & assistance choosing books plus a cup of tea and opportunity to socialise with others.	2nd Monday of month 14:00 – 15:00	01684 293086 tewkesburylibrary@gloucestershire.gov.uk	Tewkesbury Library Sun Street GL20 5NX
Tewkesbury Library Memory group “share a poem.”	Friday 14:00 – 15.30	01684 293086 tewkesburylibrary@gloucestershire.gov.uk	Tewkesbury Library Sun Street GL20 5NX

Tewkesbury Arts & Drama Society -Events (Contact library for complete list)	Next event 20/02/2024 19/03/2024 19:30-21:00	All ages, free, no booking required. http://www.tads.org.uk/	Tewkesbury Library Sun Street GL20 5NX
Warm Welcome Space Free Hot Drink	Monday 09:30 – 17:00 Tuesday 09:30 - 19:00 Wednesday 09:30 - 13:00 Thursday 09:30 - 19:00 Friday 09:30 - 17:00 Saturday 09:30 - 16:00		Tewkesbury Library Sun Street GL20 5NX
Monday Life Group	Monday 09:45 12:00	Holy Trinity Church Tel: 01684 292797 Email: office@trinitytewkesbury.org.uk	Room 2 Holy Trinity Church, 10 Oldbury Road, Tewkesbury, GL20 5NA
Friday Life Group	Friday 10:00-12:00	Holy Trinity Church Tel: 01684 292797 Email: office@trinitytewkesbury.org.uk	Room 1 and 2 Holy Trinity Church, 10 Oldbury Road, Tewkesbury, GL20 5NA

<p>The Welcome Table</p> <p><i>“A warm place to come together with others in the local community. Use the space to chat and stay for a coffee or enjoy a free, freshly cooked meal too.”</i></p>	<p>Every other week Monday 13:15-18:30</p> <p>Next dates</p> <p>05/02/2024 19/02/2024 04/03/2024 18/03/2024</p>	<p>Holy Trinity Church 01684 292797 office@trinitytewkesbury.org.uk</p>	<p>Rooms 1,2,4,5, kitchen, creche, foyer Holy Trinity Church, 10 Oldbury Road, Tewkesbury, GL20 5NA</p>
<p>Book Club</p> <p>Christian Book Club</p>	<p>First Monday & third Monday 19:15</p> <p>Upcoming dates</p> <p>05/02/2024 19/02/2024 04/03/2024 18/03/2024</p>	<p>Holy Trinity Church 01684 292797 office@trinitytewkesbury.org.uk</p>	<p>Old Mission Hall Trinity Street Tewkesbury GL20 5LH</p>
<p>Alcoholics Anonymous</p>	<p>Wednesday 18:45-20:00</p>	<p>Helpline 01452 418515</p>	<p>Old Mission Hall Trinity Street Tewkesbury GL20 5LH</p>

<p>CCP Men's Social Group Trips out/ involvement with local community activity</p>	<p>Thursday 10:00 – 12:00</p>	<p>James Baker: 07593 446894 James.baker@ccp.org.uk Rebecca Baker: 07593446840 Rebecca.baker@ccp.org.uk</p>	<p>Tewkesbury YMCA 97 Church St GL20 5RS</p>
<p>Tewkesbury YMCA Railway Society <i>“Every fortnight, a guest speaker is invited to give a railway related presentation. On the other Tuesday nights, members bring along their own slide.”</i></p> <p>£12.50 for yearly membership</p> <p>Note: the meeting room is upstairs</p>	<p>Every Tuesday night 19:45</p>	<p>https://www.facebook.com/groups/177007012395130/</p>	<p>Tewkesbury YMCA 97 Church St GL20 5RS</p>

U3A French Intermediate	Thursday 14:00 – 15:30	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	St Joseph's RC Church, Chance Street, Tewkesbury GL20 5RF
U3A Ancient History	Third Wednesday 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	St Joseph's RC Church, Chance Street, Tewkesbury GL20 5RF
U3A Latin for Pleasure	1st and 3rd Monday 13:45	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	St Joseph's RC Church Chance Street GL20 5RF

U3A Mah Jong	1st, 3rd & 5th Tuesday 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	1St Tewkesbury Boys' Brigade, Canterbury Leys, Tewkesbury GL20 8BP
U3A Art for Beginners	Friday 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	1St Tewkesbury Boys' Brigade, Canterbury Leys, Tewkesbury GL20 8BP
U3A Discovering Britain	Fourth Friday 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Holy Trinity C of E 10 Oldbury Road, Tewkesbury GL20 5NA

U3A History of Art & Design	Second & fourth Tuesday 14:30 – 16:30	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Holy Trinity C of E 10 Oldbury Road, Tewkesbury GL20 5NA
Veterans Coffee Monday	Second Saturday of the month	Peter Godwin 07747 623258	The Royal Hop Pole 94 Church Street, Tewkesbury GL20 5RS
Tewkesbury Arts Society Own Painting, Workshops and Demonstrations	Tuesday 10:00 – 12:00	https://tewkesburyartsociety.org/contact/	Tewkesbury Town Hall, High Street Tewkesbury GL20 5AL
Warm Welcome Space November 2023 until March 2024	Monday to Thursday 9:00-15:00		Tewkesbury Town Hall, High Street Tewkesbury GL20 5AL
Tewkesbury Pub Singers £6 a session, first and every 10th session are free. No experience needed.	Thursday 19:30 – 21:30	tewkesburypubsingers@gmail.com https://www.facebook.com/tewkesburypubsingers/	George Watson Hall, Barton Street, Tewkesbury GL20 5PX

<p>The Choir Factor Full term membership £100 (10 weeks) Adults 18+</p>	<p>Wednesday 19:30 – 21:00</p>	<p>01452 613134 / 07958 131133 https://www.thechoirfactor.com/about-us/</p>	<p>George Watson Hall, Barton Street, Tewkesbury GL20 5PX</p>
<p>Tewkesbury Manor Players Amateur drama society</p>		<p>tewkesburymanorplayers@gmail.com 07818 271076 https://www.facebook.com/manorplayers/</p>	<p>George Watson Hall, Barton Street, Tewkesbury GL20 5PX</p>
<p>Day-time Disco Free “Enjoy a cup of tea, a chat and some happy swing music, or even join in with some dancing.” Dates sometimes need to be changed, to confirm date and time speak to town hall staff.</p>	<p>Tuesday 13:00-16:00 Next dates Tues 26th of February, 14th of March</p>		<p>George Watson Hall, Barton Street, Tewkesbury GL20 5PX</p>

<p>Ceroc Classes</p> <p>No need to book. No need to bring a partner.</p> <p>£9 entrance £7 students</p>	<p>Wednesday</p> <p>Door opens at 7:30 Beginner class at 7:45</p>	<p>John Baker 07736472597 bakerjohnb1@aol.com</p>	<p>George Watson Hall, Barton Street, Tewkesbury GL20 5PX</p>
<p>Fitness, Strength, and Balance Class</p> <p>£4 per session Level 2 (mixed standing and seated)</p>	<p>Tuesday 10:00</p>	<p>Contact: 07503 876430 fitforlifegloucester@gmail.com www.facebook.com/fitforlifegloucester</p>	<p>George Watson Hall, Barton Street, Tewkesbury GL20 5PX</p>
<p>Fitness, Strength, and Balance Class</p> <p>£4 per session Level 2 (mixed standing and seated)</p>	<p>Friday 10:00</p>	<p>Contact: 07503 876430 fitforlifegloucester@gmail.com www.facebook.com/fitforlifegloucester</p>	<p>George Watson Hall, Barton Street, Tewkesbury GL20 5PX</p>
<p>Tewkesbury Walking Group Small supportive walking group, open to all level walks approx. 60mins- 90mins</p>	<p>1st Wednesday of Month 13:00</p>	<p>James Baker: 07593 446894 James.baker@ccp.org.uk James Aldridge: 07593 446891 James.aldridge@ccp.org.uk</p>	<p>Meet by the footbridge to the Ham by Back of the Avon car park. GL20 5DU</p>

<p>Tewkesbury Bowls Club Small local friendly bowling club with social opportunities</p>	<p>Most evenings and weekends</p>	<p>01684 294411 https://www.tewkesburybowlsclub.co.uk/index.html</p>	<p>Gander Lane GL20 5PG</p>
<p>Tewkesbury Alleycats Recently published an app that gives information about alleys and walks in Tewkesbury. Occasional activities/walks. Walks explore Tewkesbury's social heritage and last about 2 hours. Fee for tour: £2.5</p>	<p>Sundays 14:30 11/02/2024 25/02/2024 10/03/2024 24/03/2024 07/04/2024 21/04/2024</p>	<p>tewksalley@outlook.com Bill Adie https://www.alleycat.org.uk/ https://www.facebook.com/TewkesburyAlleycats</p>	<p>Meet outside M&Co on High St by Warder's Alley.</p>

<p>John Moore Museum Natural History Museum</p>	<p>Talks (website) and volunteering opportunities</p> <p>Opening times: Tuesday-Saturday 10:00-13:00, 14:00-17:00</p>	<p>01684 297174 curator@johnmooremuseum.org</p> <p>https://www.johnmooremuseum.org/ https://www.facebook.com/JohnMooreMuseum/</p>	<p>41 Church Street, Tewkesbury, GL20 5SN</p>
<p>Walk & Strollers</p>	<p>Monday 13:30 Local walk for about 1 hour No walks on bank holidays</p>	<p>Wyeview2@gmail.com 07789 31312</p>	<p>Meet inside the Abbey grounds by the entrance from the Abbey car park. Gander Lane, Tewkesbury, GL205PG</p>
<p>Abbey Choir no formal audition, some experience of choral singing is desirable</p>	<p>Friday Before the service</p>	<p>carleton.etherington@tewkesburyabbey.org.uk</p>	<p>Tewkesbury Abbey Church Street, Tewkesbury, Gloucestershire GL20 5RZ</p>

<p>St Mary's Sewing Guild Making and repairing of Altar linen and offertory bags and the repair of the vestments owned by and used in Tewkesbury Abbey.</p>		<p>01684 850959 info@tewkesburyabbey.org.uk</p>	<p>Tewkesbury Abbey Church Street, Tewkesbury, Gloucestershire GL20 5RZ</p>
<p>Flower Guild Is happy group of friends, who week by week, seek to enhance the beauty of the Abbey, for both worshipper and visitor alike, with a variety of floral arrangements, produced mainly from flowers and foliage grown by members in the Abbey's own Walled Garden.</p>		<p>01684 850959 info@tewkesburyabbey.org.uk</p>	<p>Tewkesbury Abbey Church Street, Tewkesbury, Gloucestershire GL20 5RZ</p>

<p>Tewkesbury Museum</p> <p>Museum talk £4 (including refreshment)</p>	<p>volunteering opportunities (see website)</p> <p>Opening times: Tewkesbury Museum will be closed for renovation between 18th of September 2023 and May 2024</p> <p>“Pop Up museum at the Town Hall re-opens Monday 8th 12 to 3. It will be then open every day except Wednesdays, Thursday 11 January, and alternate Sundays.</p> <p>Open Sunday 21st Jan 4th February.”</p>	<p>01684 292901 info@tewkesburymuseum.org</p> <p>https://www.tewkesburymuseum.org/ https://www.facebook.com/tewkesburymuseum</p>	<p>Barton Street, Tewkesbury Gloucestershire, GL20 5PX</p>
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<p>Tewkesbury Heritage Centre</p>	<p>Volunteering opportunities</p> <p>Opening times summer: 1st April - 31st October: Monday to Saturday 10:00-16:00</p> <p>Opening times winter: 1st November – 31st March: Mon, Tues, Fri & Sat 10am – 4pm (please telephone to double check opening times during March as work to install a new display will be taking place)</p>	<p>01684 855040 tic@teewkesbury.gov.uk</p>	<p>100 Church Street, Tewkesbury, Glos. GL20 5AB</p>
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<p>Tewkesbury Battlefield Society</p> <p>Activities and walks. Walks are free and last about 2 hours.</p>	<p>Monday (October to May) 13:00 – 16:00 Banner painting sessions</p> <p>walks: 04/02/2024 10:00-12:00 03/03/2024 10:00-12:00 07/04/2024 10:00-12:00 05/05/2024 9:00-12:00 (Anniversary walk)</p>	<p>tbs@teewkesbury.org.uk</p> <p>https://www.teewkesbury.org.uk/contact-us</p>	<p>Banner painting sessions: Elizabeth Wyatt House Barton Road, Tewkesbury, GL20 5QN</p> <p>Meeting point walks: Red brick gate into Abbey grounds from short stay car park</p>
<p>Bingo</p> <p>Please check cost with the organiser</p>	<p>Thursday Eyes down by 19:30</p> <p>Monthly Saturday Eyes down by 19:30 Next date</p>		<p>Elizabeth Wyatt House Barton Road, Tewkesbury, GL20 5QN</p>

Bookworm Bookshop	Volunteering opportunities Opening times: Monday — Saturday 10:00 — 16:00	bookworm150@talktalk.net 01684 438385	Bookworm Bookshop, 150 High Street, Tewkesbury, GL20 5JP
Tewkesbury in Bloom	Volunteering opportunities	Karen Brennan Chair 01684 438385 Shelby Powell Vice Chair 01684 298004 https://www.tewkesburyinbloom.co.uk/	Bookworm Bookshop, 150 High Street, Tewkesbury, GL20 5JP
Tewkesbury Town Band	Check website for updated events and band practices.	secretary@tewkesburytownband.co.uk http://tewkesburytownband.co.uk/index.html	Saffron Road, Tewkesbury
Tewkesbury Choral Society	Rehearsals Mondays during school term 19.30 to 21.30	tewkesburychoral@gmail.com Subscriptions will be £50 for the Autumn term payable in September and £50 for Spring payable in January, or £95 up front for the year payable in September	Rehearsal take place at Chance St School, Tewkesbury Chance St, Tewkesbury GL20 5RQ

Foodbank	Tuesday 09:30 – 12:30 Wednesday 09:30 – 12:30 Thursday 09:30 – 12:30 Friday 09:30 – 12:30	01684 296824	76 Church Street, Tewkesbury, GL20 5RX.
Tewkesbury Repair Café Opportunity to socialise and/or volunteer while having household items repaired.	Once a month on a Saturday 14:00 – 17:00 upcoming dates: 17/02/2024 16/03/2024 20/04/2024 18/05/2024 15/06/2024	admin_team@teewkesburyrepaircafe.co.uk https://www.teewkesburyrepaircafe.co.uk/	Tewkesbury Baptist Church Hall Station Road, Tewkesbury GL20 5DR
Warm Welcome Space Open until end of March 2024	Sunday 9:30 – 12:00 Tuesday 9:30 - 2:00 Wednesday 9:30 – 12:00 Thursday 9:30-12:00 Friday 11:00-13:00		Tewkesbury Baptist Church Hall Station Road, Tewkesbury GL20 5DR

<p>Sing 2 Remember Collaboration with Mind song & Roses Theatre free <u>For:</u> people with dementia still living at home and those who care for them. People experiencing loneliness and isolation. People who love to sing but no longer feel comfortable singing in a choir.</p>	<p>Thursday fortnightly 14:00</p>	<p>Julia Glaudot julia.glaudot@mindsong.org.uk 07769738549 https://www.mindsong.org.uk/our-services/sing-2-remember/</p>	<p>Tewkesbury Baptist Church, Station Road, GL20 5DR</p>
<p>Insight Gloucestershire Community Hub Local sight loss advisor can provide information, advice, and practical help.</p>	<p>3rd Friday each month Drop-in 10:00-11:00 Appointments 11:00-12:00 For appointments call to book.</p>	<p>info@insight-glos.org.uk 01242 221170</p>	<p>Tewkesbury Baptist Church, Station Road, GL20 5DR</p>

<p>Tewkesbury Bridge Club Lessons and social bridge playing Table Money Members - £3.00 per person Visitors - £3.50 per person Annual Subscription - £10.00 per person</p>	<p>Wednesday doors open by 13:30 please be seated by 13:45 to allow a prompt start at 14:00</p>	<p>Tewkesburybridgeclub@outlook.com Sheila 01684 594722</p>	<p>Tewkesbury Baptist Church, Station Road, GL20 5DR</p>
<p>LUKES Café Lunch Just drop in, all are welcome.</p>	<p>Tuesday 12:00 – 14:00</p>	<p>office@tewkbaptist.org.uk https://www.facebook.com/lukesopenhouse</p>	<p>Tewkesbury Baptist Church, Station Road, GL20 5DR</p>
<p>Coffee morning Just drop in, all are welcome.</p>	<p>Wednesday 10:00-12:00</p>	<p>office@tewkbaptist.org.uk 01684 293044</p>	<p>Tewkesbury Baptist Church, Station Road, GL20 5DR</p>

<p>Adult low impact sports club</p> <p>Inclusive for men and women. All abilities welcome</p>	<p>First Thursday of the month 12:25 – 13:15</p> <p>01/02/2024 07/03/2024 04/04/2024 02/05/2024 06/05/2024</p>	<p>James Baker: 07593 446894 James.baker@ccp.org.uk Becky Baker 07593446840 Rebecca.baker@ccp.org.uk</p>	<p>Tewkesbury Baptist Church, Station Road, GL20 5DR</p>
<p>Friendly Faces Social Group</p>	<p>3rd Monday 12:30-14:30</p>	<p>James Baker: 07593 446894 James.baker@ccp.org.uk Peter Reilly: 0770 2858837 Peter.reilly@ccp.org.uk</p>	<p>Tewkesbury Baptist Church, Station Road, GL20 5DR</p>
<p>Fitness, strength, and balance class</p> <p>Hot drinks & social afterwards £4 per session</p>	<p>Tuesday</p> <p>First class 09:45</p> <p>Second Class 11:00</p>	<p>Terry Aldred Mob 07563626161 Email: terryaldredwork@hotmail.com</p>	<p>Baptist Church, Station Road, Tewkesbury GL20 5DR</p>
<p>Fun Fit 50+</p> <p>£4</p>	<p>Thursday 10:00</p>	<p>Terry Aldred Mob 07563626161 Email: terryaldredwork@hotmail.com</p>	<p>Baptist Church, Station Road, Tewkesbury GL20 5DR</p>

<p>Exercise to Music for Dementia and Alzheimer's</p> <p>Includes a carers support group after each session. Refreshments provided after each session.</p> <p>Please inquire about cost per session</p>	<p>Monday 11:00</p>	<p>No booking required. MYTHE Medical Practice & Inspire Healthcare Church Street</p>	<p>Boys Brigade HQ, Canterbury Leys, Tewkesbury GL20 8BP</p>
<p>Monday Writers</p>	<p>Monday 15:00-17:00</p>	<p>Karol Crabtree (07517222334) or Pauline Potterill (01452 780176)</p>	<p>Baptist Church, Station Road, Tewkesbury GL20 5DR</p>
<p>Tewkesbury Walking Football</p>	<p>Sunday 9:00</p> <p>Please confirm time and date with the organiser</p>	<p>https://en-gb.facebook.com/tewkesburywalkingfootball/</p>	<p>Tewkesbury School 4 Walton Close, Tewkesbury GL20 8DF</p>

Wives and Friends Social group for women at the church	Wednesdays 14:30 (Except January & February)	Jenny 01684 297994 https://www.tewkesburymethodistchurch.org.uk/481/Wives-and-Friends	Methodist Church Church Street, Tewkesbury GL20 5PA
Men allowed. Social night for men at the church	Every other Wednesday and Thursday 19:00	Gerald on 01684 276377 Men.allowedquot50@yahoo.com https://www.tewkesburymethodistchurch.org.uk/480/Men-Allowed	Methodist Church Church Street, Tewkesbury GL20 5PA
Dinner Ladies Regular nights out for women		Jean Davies via jed0606@yahoo.com https://www.tewkesburymethodistchurch.org.uk/475/Dinner-Ladies	Methodist Church Church Street, Tewkesbury GL20 5PA
Church Book Club	Every 4-6 weeks on a Saturday 10:00	Contact the Methodist church for more information. 01684 298650 https://www.tewkesburymethodistchurch.org.uk/479/Church-Book-Club	Methodist Church Church Street, Tewkesbury GL20 5PA
Coffee Morning	Saturday 10:30-12:00		Methodist Church Church Street, Tewkesbury GL20 5PA
The Green Group	Second Saturday of every month 10:15	jayne.webb@methodist.org.uk https://www.tewkesburymethodistchurch.org.uk/478/The-Green-Group	Methodist Church Church Street, Tewkesbury GL20 5PA

<p>Tewkesbury Historical Society Visit website for updated events, Members - £2.50, Visitors - £4</p>	<p>3rd Thursday of each month 19:45</p> <p>September to May Upcoming dates: 15/02/2024 21/03/2024 18/04/2024 23/05/2024</p>	<p>webmaster@tewkesburyhistory.org</p> <p>https://tewkesburyhistory.org/Home</p>	<p>Methodist Church Church Street, Tewkesbury GL20 5PA</p>
<p>U3A Bridge</p>	<p>Thursday 13:15</p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Methodist Church Church Street, Tewkesbury GL20 5PA</p>
<p>U3A French Beginners</p>	<p>Friday 10:15</p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Methodist Church, Guild Room Church Street, Tewkesbury GL20 5PA</p>

Chess Club	Sunday 16:00	https://www.facebook.com/groups/3038960146394893/?mibextid=HsNCOg	The Cross House Tavern, 108 Church Street, Tewkesbury, GL20 5AB
Tewkesbury Carer's Group	Third Thursday of the month 10:00 – 12:00	MYTHE Medical Practice	Devereux Centre, Barton Road, Tewkesbury, GL20 5GJ
Alcoholics Anonymous	Every Monday 12:30 – 13:30	Helpline 01452 418515	The Devereux Centre Barton Road Tewkesbury GL20 5GJ
Tewkesbury Stroke Group	Last Wednesday of the month 14:00 -16:00	louise@reconnectglos.org https://reconnectglos.org/groups/	Clee House, Lanes Court Close, Tewkesbury, GL20 5JQ
U3A Solos	Third Saturday 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Clee House, Lanes Court Close, Tewkesbury, GL20 5JQ

U3A Scrabble	1st, 3rd, and 5th Monday 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Clee House, Lanes Court Close, Tewkesbury, GL20 5JQ
U3A Needlecraft	1st & 3rd Monday 10:00 – 12:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Clee House, Lanes Court Close, Tewkesbury, GL20 5JQ
U3A Family History	4th Thursday 10:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Clee House, Lanes Court Close, Tewkesbury, GL20 5JQ
Yoga and Wellness course (6 weeks) Free For all levels & abilities	Tuesday 14:00 – 15:15	To book please contact: rachel@tewkesburyyoga.com 07916 883036	Tewkesbury Leisure Centre Gloucester Road, Tewkesbury, GL20 5SX

Specialist Disability Fun Exercise & Dance Club	Wednesday 12:30 - 13:30	Helen	Tewkesbury Leisure Centre Gloucester Road, Tewkesbury, GL20 5SX
Tewkesbury Leisure Centre Gym, Classes, and Swimming	Opening hours: Mon: 6am - 9pm Tue: 6am - 9pm Wed: 6am - 9pm Thu: 6am - 9pm Fri: 6am - 9pm Sat: 7.30am - 4.30pm Sun: 7.30am - 4.30pm	01684 293740 Gloucester Road, Tewkesbury, Gloucestershire, GL20 5SX. Facilities Gym, Pools, Studio, Sauna and steam room, Café Accessibility accessible parking, Ramps for wheelchairs, Accessible turnstiles, Lift, Hearing induction loop, Accessible lockers, Accessible shower, Accessible change, Changing places, Wheelchair accessible equipment, Pool hoist, Accessible pool chair, Accessible pool steps, Assistance dogs welcome	Tewkesbury Leisure Centre Gloucester Road, Tewkesbury, GL20 5SX

Twyning

Friendship Group £1 for tea/coffee/biscuits	Alternate Fridays 10:30	hilary@owlsend.co.uk	Twining Chapel Nut Orchard Twining Gloucestershire GL20 6DR
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Strength, Balance & Support Groups Hot drinks & social afterwards £4 per session	Wednesday 11:15	Mythe Medical Practice & Inspire Healthcare Church Street No booking required	Twyning Chapel Nut Orchard Twyning Gloucestershire GL20 6DR
Over 60s lunch club Disabled access, Minibus can take people to the venue and back.	Friday 12:00 – 14:00	Judith Allen on 01684 292123 or 07817984737	Twyning Village Hall Fleet Road, Twyning, Tewkesbury, GL20 6GD
Twyning Men Sheds Held in the garage at Green Farm Twyning	Tuesday 9:30-13:00, 13:30-17:00 Wednesdays 9:30 – 12:30	hello@TwyningMensShed.co.uk https://www.twyningmensshed.co.uk/	Twyning Green, Twyning, Tewkesbury GL20 6DF
Twyning Short Matt Bowls Club £3 per session	Monday 14:00 – 16:00	Fred 01684 592175 John 01684 290388 Malcolm 01684 295512	Twyning Village Hall Fleet Road, Twyning, Tewkesbury, GL20 6GD
Women's Institute Twyning	Every 2nd Tuesday 19:30		Twyning Village Hall Fleet Road, Twyning, Tewkesbury, GL20 6GD

Wheatpieces/ Walton Cardiff

<p>Guideposts Connect Friendship support group for those with Long Term health conditions and carers.</p>	<p>Alternate Wednesdays 10.30 – 12.30</p>	<p>Guideposts: 01452 529697 gloucestershire@guideposts.org.uk</p>	<p>Wheatpieces Community Centre, Room 2 Columbine Rd, Walton Cardiff GL20 7SP (01684 294713)</p>
<p>Coffee morning Open to residents.</p>	<p>Tuesday 10:00-12:00</p>	<p>clerk@wheatpiecesparishcouncil.com</p>	<p>Wheatpieces Community Centre, Meeting Room 2, Columbine Rd, Walton Cardiff GL20 7SP</p>
<p>Fitness, strength, and balance class 50+ Circuit £4 per session</p>	<p>Thursday 13:00</p>	<p>Contact: 07503 876430 fitforlifegloucester@gmail.com www.facebook.com/fitforlifegloucester</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>

<p>Bonsai Chi</p> <p>Gentle, low-impact, whole body exercise</p> <p>£7 per session £24 for four class passes.</p>	<p>Wednesday 11:10-11:55</p>	<p>info@redeaglemartialarts.co.uk 07866 571345</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>
<p>Fitness Pilates</p> <p>Fitness Pilates is a beginners Pilates class focusing on muscle strength, balance, core strength, improving mental cognition. £6 pay as you go</p>	<p>Wednesday 19:30-20:30</p>	<p>0788 5545592</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>
<p>Positive Pilates</p> <p>Next Step</p> <p>8-week course £80</p>	<p>Monday 09:30- 10:30</p> <p>Starting on the 4th of January</p>	<p>positivepilates@gmail.com 07432 852744</p> <p>https://www.positivepilateslocal.co.uk/</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>

<p>Just Move Flow, stretch, flex, relax. Ladies only booking required.</p> <p>Cost = 8 x £8 = £64</p>	<p>Friday 09:00 – 10:00</p>	<p>withmel@hotmail.com https://justmelxo.weebly.com/</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>
<p>Just Move Flow, stretch, flex, relax. Ladies only booking required.</p> <p>Cost = 8 x £8 = £64</p>	<p>Saturday 08:45 – 09:45</p>	<p>withmel@hotmail.com https://justmelxo.weebly.com/</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>
<p>Theoc Quilters</p>		<p>cathw@live.co.uk theocquilters@outlook.com</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>

<p>Tewkesbury Parkinsons Group A monthly meeting for ALL who are affected by Parkinson's - carers, family members as well as PwPs! Tea/coffee and biscuits, no charge - just come along.</p> <p>The venue is easily accessed by people with walkers, sticks or wheelchairs</p>	<p>Monthly First Thursday 10:45-12:15</p>	<p>Amanda Thomas 07794 095405 amanda.tewkesburyparkinsons@outlook.com</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>
<p>Adult Self-defence and Jujutsu</p>	<p>Tuesdays 18:30- 19:30</p> <p>Thursdays 19:30pm-21:00 (Suitable for beginners)</p> <p>Sundays 17:00-18:00 (Suitable for beginners)</p>	<p>https://www.taijutsukai.co.uk/tewkesbury/</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>

<p>Traditional Ch'ang-Hon Taekwon-Do</p> <p>Traditional and authentic Taekwon-do for Men, Women & children from 9 yrs. and above.</p>	<p>Monday's & Wednesday's 19:00</p>	<p>07722 584 919 or 07488 333 973</p> <p>https://www.white-tiger-tkd.com/</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>
<p>Kun Gek-Do - Korean Kickboxing</p> <p>for Teens & Adults (13 yrs. plus)</p> <p>Fitness - Self-Defence - Confidence - Toning - Weight Loss</p>	<p>Friday 19:00- 20:30</p>	<p>07722 584 919 or 07488 333 973</p> <p>https://www.white-tiger-tkd.com/</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>

<p>KONGA (Jungle Body) An all-in-one dance fitness class focusing on strength, dance, balance, toning, Pilates, hip hop etc.</p> <p>£6 pay as you go</p>	<p>Thursday 18:15 -19:10</p>	<p>Kirsty 07885545592</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>
<p>Tewkesbury Cake Decorators</p> <p>Booking essential £5-20</p>	<p>Monthly workshops Second Wednesday of the month</p> <p>19:00-21:00</p>	<p>https://tewkesburycakedecorators.wordpress.com/ https://www.facebook.com/groups/www.tewkescake.co.uk/events?locale=en_GB</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>
<p>U3A Table Tennis</p>	<p>Monday & Thursday 10:00</p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>

U3A Spanish Intermediate	Tuesday 13:00 – 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP
U3A Short Matt Bowls	Monday & Friday 13:30 – 15:30	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP
U3A French Conversation	Monday 14:00	Single Member – £12.00 per year Joint Membership – £20.00 per year To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.	Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP

U3A Science and Technology	2nd Friday 10:15	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Wheatpieces Community Centre, Columbine Rd, Walton Cardiff GL20 7SP</p>
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Various Locations/Online

Tewkesbury DON'T drop litter pickers		<p>Contact Facebook group for more information.</p> <p>https://en-gb.facebook.com/groups/384373389011779/?mibextid=HsNCOg</p>	
Plastic Free Tewkesbury	<p>Visit Facebook page for update on events.</p>	<p>plasticfreetewkesbury@gmail.com</p> <p>https://www.plasticfreetewkesbury.com/about</p>	

<p>CAMRA Campaign for real Ale - Social for members and non-members</p>	<p>1st Thursday, bimonthly 20:00</p> <p>Please check website for upcoming meetings</p>	<p>Chair: Pete Adams chair@tewkesbury.camra.org.uk</p> <p>https://tewkesbury.camra.org.uk/diary</p>	<p>See branch diary for location - https://tewkesbury.camra.org.uk/diary</p>
<p>U3A Opera Appreciation</p>	<p>Fourth Wednesday</p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Various Homes</p>
<p>U3A Book Club</p>	<p>First Thursday 14:00</p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Various Homes</p>
<p>U3A Walking Group</p>	<p>Wednesday and/or Thursday 10:00</p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Various locations</p> <p>See website or contact group for more information: https://tewkesburyu3a.org/groups/walking-group/walks-list/</p>

<p>U3A Strolls</p> <p>Easier walks, lasting about 1 hour- 1 ½ hour</p>	<p>Second Tuesday 10:30 <i>March until October</i></p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Various locations</p> <p>See website or contact group for more information: https://tewkesburyu3a.org/groups/walking-group-strolls/</p>
<p>U3A Computers</p>	<p>2nd & 4th Monday 14:00</p>	<p>Single Member – £12.00 per year Joint Membership – £20.00 per year</p> <p>To join contact Tewkesbury U3A via their website. https://membermojo.co.uk/tuta/joinus or telephone on 01684 325013 and request a Membership Form to be sent to you.</p>	<p>Online, via Zoom</p>
<p>Gloucestershire Carers Hub</p> <p>Information, Advice & Support for Carers</p>		<p>Gloucestershire Carers Hub 0300 111 9000 carers@peopleplus.co.uk</p> <p>https://www.facebook.com/Gloucestershirecarershub/ https://twitter.com/gcarershub https://www.instagram.com/Gloucestershire_Carers_Hub/ https://gloucestershirecarershub.co.uk/</p>	