

Class Timetable

 @CathsClasses

07952 880592

Cathsclasses.co.uk



Monday

6.15 - 7pm	Dance Fitness	Elmbridge Road Primary School Elmbridge Road, GL2 OPE
------------	---------------	--

Tuesday

11 - 11.45am	Dance Fitness Gold	GL3 Community Hub Cheltenham Road East, Churchdown GL3 1HX
6.15 - 7pm	Dance Fitness	
7.15 - 8pm	Stretch, Tone and Mobilise	

Wednesday

6.15 - 7pm	Dance Fitness	Elmbridge Road Primary School, Elmbridge Road, GL2 OPE
------------	---------------	---

Thursday

10 - 10.45am	Dance Fitness Gold	GL3 Community Hub Cheltenham Road East, Churchdown GL3 1HX
6.15 - 7pm	Dance Fitness	

Saturday

9.30 - 10.15am	Dance Fitness	GL3 Community Hub, Chelt Rd East, Churchdown GL3 1HX
	Self weigh-in available before class	

June 23