

Enw / Name

Rhif Ffôn / Phone Number

Cyfeiriad Llawn / Full Address



Wythnos 1 Week	DYDD LLUN MONDAY	DYDD MAWRTH TUESDAY	DYDD MERCHER WEDNESDAY	DYDD IAU THURSDAY	DYDD GWENER FRIDAY
Dewis 1 Option 1	Lobsgows with Fresh Bread <input type="checkbox"/>	Stuffed Chicken Wrapped in Bacon <input type="checkbox"/>	Roast Pork, Apple Sauce & Stuffing <input type="checkbox"/>	Sausages Onion Gravy & Swede Mash <input type="checkbox"/>	Cod Mornay <input type="checkbox"/>
Dewis 2 Option 2	Roast Chicken & Stuffing <input type="checkbox"/>	Beef Meatballs in Onion Gravy <input type="checkbox"/>	Homemade Quiche with New Potatoes <input type="checkbox"/>	Minced Beef and Onion Pie <input type="checkbox"/>	Roast Beef, Gravy & Yorkshire Pudd <input type="checkbox"/>
Pwddin Pudding	Apple Crumble with Custard <input type="checkbox"/>	Jam & Coconut Sponge with Custard <input type="checkbox"/>	Rhubarb Crumble & Custard <input type="checkbox"/>	Chocolate Sponge with Chocolate Sauce <input type="checkbox"/>	Jam Roly Poly & Custard <input type="checkbox"/>

Wythnos 2 Week	DYDD LLUN MONDAY	DYDD MAWRTH TUESDAY	DYDD MERCHER WEDNESDAY	DYDD IAU THURSDAY	DYDD GWENER FRIDAY
Dewis 1 Option 1	Braising Steak in Onion Gravy <input type="checkbox"/>	Sweet & Sour Pork with Rice <input type="checkbox"/>	Roast Turkey & All the Trimmings <input type="checkbox"/>	Tatws Popty & Diced Beef <input type="checkbox"/>	Cod in Batter with Chips & Peas <input type="checkbox"/>
Dewis 2 Option 2	Baked Ham & Parsley Sauce <input type="checkbox"/>	Roast Chicken with Stuffing <input type="checkbox"/>	Steak & Onion Pie <input type="checkbox"/>	Bacon Chop with Pineapple & New Potatoes <input type="checkbox"/>	Beef Stew & Dumplings <input type="checkbox"/>
Pwddin Pudding	Rice Pudding & Shortbread <input type="checkbox"/>	Spiced Sponge & Custard <input type="checkbox"/>	Peach Sponge & Custard <input type="checkbox"/>	Trifle <input type="checkbox"/>	Cherry Crumble & Custard <input type="checkbox"/>

Wythnos 3 Week	DYDD LLUN MONDAY	DYDD MAWRTH TUESDAY	DYDD MERCHER WEDNESDAY	DYDD IAU THURSDAY	DYDD GWENER FRIDAY
Dewis 1 Option 1	Lobsgows with Fresh Bread <input type="checkbox"/>	Pork Steak, Apple Sauce & Stuffing <input type="checkbox"/>	Roast Beef & Yorkshire Pudding <input type="checkbox"/>	Hunter's Chicken & New Potatoes <input type="checkbox"/>	Cod in Parsley Sauce <input type="checkbox"/>
Dewis 2 Option 2	Chicken Curry & Rice <input type="checkbox"/>	Lasagne & Garlic Bread <input type="checkbox"/>	Chicken & Ham Pie <input type="checkbox"/>	Cottage Pie <input type="checkbox"/>	Braising Steak & Mashed Potatoes <input type="checkbox"/>
Pwddin Pudding	Bread & Butter Pudding <input type="checkbox"/>	Apple Tart & Custard <input type="checkbox"/>	Manchester Tart <input type="checkbox"/>	Syrup Sponge & Custard <input type="checkbox"/>	Iced Sponge with Custard <input type="checkbox"/>

Wythnos 4 Week	DYDD LLUN MONDAY	DYDD MAWRTH TUESDAY	DYDD MERCHER WEDNESDAY	DYDD IAU THURSDAY	DYDD GWENER FRIDAY
Dewis 1 Option 1	Lobsgows with Fresh Bread <input type="checkbox"/>	Baked Ham & Cauliflower Cheese <input type="checkbox"/>	Roast Chicken Dinner <input type="checkbox"/>	Bolognese Pasta & Garlic Bread <input type="checkbox"/>	Cod in Parsley Sauce & Saute New Potatoes <input type="checkbox"/>
Dewis 2 Option 2	Bacon Chop & Tatws Pum Munud <input type="checkbox"/>	Meat & Potato Pie, Chips & Peas <input type="checkbox"/>	Salmon in Sweet Chilli Sauce <input type="checkbox"/>	Pea & Ham Soup & Fresh Bread <input type="checkbox"/>	Beef Stew & Dumplings <input type="checkbox"/>
Pwddin Pudding	Rice Pudding & Peaches <input type="checkbox"/>	Bakewell Tart & Custard <input type="checkbox"/>	Cherry Sponge & White Sauce <input type="checkbox"/>	Lemon Cheesecake <input type="checkbox"/>	Pear & Almond Sponge & Custard <input type="checkbox"/>

Y Fwydlen yn Amodol ar Newid
Menu Subject to Change

Fersiwn 2.2026

Gwybodaeth am Alergenau/Allergen Information
Gall rhai o'n prydau gynnwys alergenau. Gofynnwch i aelod o staff – rydym yma i'ch helpu!
Some of our dishes may contain allergens. Please ask a member of staff – we're happy to help!

EBRILL - APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
		WYTHNOS 1 / WEEK 1				
5	6	7	8	9	10	11
WYTHNOS 2 / WEEK 2						
12	13	14	15	16	17	18
WYTHNOS 3 / WEEK 3						
19	20	21	22	23	24	25
WYTHNOS 4 / WEEK 4						
26	27	28	29	30		
WYTHNOS 1 / WEEK 1						

MAI - MAY

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
WYTHNOS 2 / WEEK 2						
10	11	12	13	14	15	16
WYTHNOS 3 / WEEK 3						
17	18	19	20	21	22	23
WYTHNOS 4 / WEEK 4						
24	25	26	27	28	29	30
WYTHNOS 1 / WEEK 1						
31						

MEHEFIN - JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
WYTHNOS 2 / WEEK 2						
7	8	9	10	11	12	13
WYTHNOS 3 / WEEK 3						
14	15	16	17	18	19	20
WYTHNOS 4 / WEEK 4						
21	22	23	24	25	26	27
WYTHNOS 1 / WEEK 1						
28	29	30				
WYTHNOS 2 / WEEK 2						

CINIO YSGAFN

AR GAEL BOB DYDD

PRIS / PRICE £6

LIGHT LUNCH
AVAILABLE EVERYDAY

SALADS

Ham
Caws / Cheese
Tiwna / Tuna
Quiche

UN CWRS £10.00 NEU DAU GWRS £13.00
ONE COURSE £10.00 OR TWO COURSE £13.00

Rhowch dic ar gyfer eich opsiynau prydau bwyd yn y blychau coch

Please put a tick for your meal options in the red boxes
Bydd angen i BOB archeb prydau gael ei archebu erbyn y dydd Gwener cynt.

ALL meal orders will need to be placed by the Friday prior to receiving your meals

TATEN TRWY CHRWYN JACKET POTATO

Cyrri Cyw Iar / Chicken Curry

Caws / Cheese

Tiwna Maeonéis / Tuna Mayo



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