

Would you like some Help at Home?

New service available in your area!

Age UK Herefordshire & Worcestershire's **Help at Home** service provides assistance to help you with tasks in and around the home including:

- Companionship
- General housework & cleaning
- Sorting and tidying
- Laundry and ironing
- Helping to change bedding
- Shopping
- Light gardening
- Taking you to appointments or social events
- Helping you to prepare light meals
- Pet walking
- Helping you to write and read letters
- Reading books and newspapers to you
- Having a cup of tea and a chat

We do not provide personal care - please contact our Information Team for more advice.



TO FIND OUT MORE ABOUT HELP AT HOME, CONTACT:

T: 01905 740950 / 0800 008 6077

E: HELPTHOME@AGEUKHW.ORG.UK

Would you like a job that makes a difference? Now hiring in the two counties!

If you feel you have the right skills and would like to become a Help at Home Assistant, we offer a competitive package and excellent training.

Visit the 'Work for Us' section of our website: www.ageukhw.org.uk

"The Assistants that come to see me are excellent. My house looks so well cared for now. You have been a life saver!"

