

Myhomehelper help guide

The myhomehelper tablet has numerous features, all of which are provided without the user's need to do anything.

Key features include:

- Auto Answer Video Calling
- Calendar Clock
- Daily and Weekly Diary
- Timed and Random Reminders
- Photos
- Instant Messaging (SMS and Web)
- News Headlines
- Talking Text



Benefits of myhomehelper

By enabling to stay in touch with their family, friends, groups and carers ones and providing the following benefits:

- Increases independence
- Reduces anxiety and depression
- Reduces feelings of isolation
- Provides memory stimulation and reminiscence
- Gives peace of mind for family and friends

Who would it help?

People who are feeling isolated:

- Due to Covid
- None or little family network
- The family live far away.
- Missing their groups/activities
- Recently bereaved
- Rural location
- Partner living with Dementia
- Disabilities
- Lack of transport

People who are feeling anxious or experiencing deteriorating anxiety

People who find it difficult to remember to do routine tasks or who become anxious about what tasks are upcoming

Those who are living with someone who is living with dementia and can provide them a support

The Myhomehelper can help with:

Communication: contactless video calling, messaging sending photos, group chat

Medication management

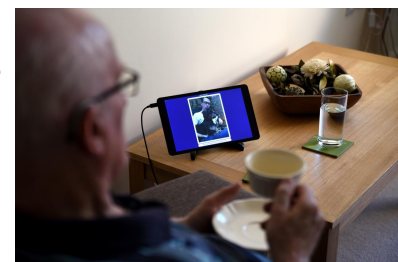
Appointment reminders

Reminiscing: Photos and memories can be sent

Isolation can have life-threatening/changing consequences.

Research has shown that people who feel lonely or isolated are at increased risk for developing coronary artery disease, stroke, depression, high blood pressure, declining thinking skills, an inability to perform daily living tasks, or an early death.

It sits in a holding cradle in a convenient placed position



We can bespoke questions with simple multiple answers to enable us to build a picture of someone's well-being

