

# Sh-sh-shivers

## Knitted penguin hat

by Judy Cosnett-Durn

(Age UK Herefordshire & Worcestershire volunteer)

4mm  
needles

● ○ ● ●  
A B C D  
wool colours

● ● ●  
level

This little fella will be right at home in the fridge!

### Abbreviations:

**St(s)** – stitch(es)

**St-St** – stocking stitch, one row knit, one row purl

**g-st** – knit all rows

**k** – knit, **p** – purl

**Dec** – decrease, by knitting two stitches together

**K2tog** – knit 2 stitches together

**Kfb** – knit into front and back of 1 stitch

**Inc** – increase

**WS** – Wrong side of work, **RS** – right side of work

### Body (Hat):

Using A cast on 28 sts. Work 2 rows in g-st.

Join in B and one extra small ball of A and using intarsia method, work as follows, remembering to twist yarns together at joins to avoid holes in work.

**Row 1:** (RS) Inc. in first 2 sts k10A, k4B, k10A, Inc. in last 2 sts (32sts)

**Row 2:** (WS) Inc. in first 2 sts, p11A, p6B, p11A, Inc. in last 2 sts (36sts)

**Row 3:** Inc. in first 2 sts, k12A, k8B, k12A, Inc. in last 2 sts, (40sts)

**Row 4:** p16A, p8B, p16A

**Row 5:** k2togA, k14A, k8B, k2togA, k14A. (38 sts)

**Row 6:** p2togA, p13A, p8B, p2togA, p13A (36 sts)

**Row 7:** k2togA, k12A, k8B, k2togA, k12A, (34 sts)

**Row 8:** p2togA, p11A, p8B, p2togA, p11A, (32 sts)

**Row 9:** k2togA, k10A, k8B, k2togA, k10A, (30 sts)

**Row 10:** p2togA, p9A, p8B, p2togA, p9A, (28 sts)

**Row 11:** k10A, k8B, k10A

**Row 12:** p10A, p8B, k10A

**Row 13 – 14:** repeat last 2 rows.

**Row 15:** (k2togA) 5 times, (k2togB)4 times, (k2togA) 5 times (14sts)

**Row 16:** p5A, p4B, p5A

**Row 17:** k1A, (k2togA) twice, (k2togB)twice, (k2togA) twice, k1A (8sts)

**Row 18:** p3A, p2B, p3A

Break yarn leaving long tails. Thread yarn A into yarn needle and gather up the remaining 8 sts, pulling tightly to close and join row ends to join back seam and under tail shaping.





### Head:

Using A cast on 4 sts and p 1 row.

**Row 1:** (RS) Kfb to end of row. (8 sts)

**Row 2:** (WS) purl, and all following alternate rows.

**Row 3:** Kfb to end of row (16 sts)

**Row 5:** (k2, kfb) to last st, k1 (21 sts)

**Row 7:** knit

**Row 9:** (k2, K2tog) to last st., k1 (16 sts)

**Row 11:** (k2tog) to end (8 sts)

**Row 13:** (k2tog) to end (4 sts)

Break yarn leaving long tail. Thread yarn into yarn needle and gather up 4 sts pulling tightly to close the top of head. Join row ends to back of head seam stuffing head as you go.

### Wings (make 2):

Beginning at upper edge and using A cast on 6 sts.

Start with knit row and St-st 14 rows

Continue in St-st Dec 1st at each end of next 2 rows (2 sts)

K 1 row.

Continue in St-st and Inc. 1 st at each end of next row (4 sts)

Break yarn A and join in yarn B and St-st 14 rows. Cast off.

Bring cast on and cast off edges together the oversew row ends of wings together. Turn right side out then oversew cast on and cast off edges. Sew to shoulders of body.

### Feet (make 2):

Using C cast on 3 sts.

**Row 1:** Kfb to end of row (6 sts)

Beginning with p row St-st 3 rows.

**Next row** – (k2tog, take yarn once around tip of right hand needle) twice, k2tog. (5 sts)

Keeping St-st correct work 4 rows then cast off.

Oversew cast on and cast off edges together having right side of St-st outside. Sew feet to front lower edge of body.

### Beak:

Using D cast on 6 sts.

**Row 1:** Knit      **Row 2:** purl, Dec 1 st at each end of row (4 sts)

**Row 3:** Knit      **Row 4:** purl, Dec 1 st at each end of row (2sts)

Break yarn and thread through yarn needle, gathering last 2 sts, pull tightly and join row ends. Stuff lightly, and sew beak to penguin's face.

### Eyes (make 2):

Take a 20cm (8in) length of yarn B. At centre of yarn tie a knot but wrap the yarn around 3 times (instead of once) before pulling knot tight. Position knot on face, above and either side of beak. Pull yarn ends through face separately, into neck/body area and fasten off securely.

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