How you can get your

involved with fundraising

Find out how you can fundraise for a local independent charity

One small thing can make a huge difference! Start fundraising today!

www.ageukhw.org.uk





Making Herefordshire & Worcestershire a great place to grow older

Who are Age UK Herefordshire & Worcestershire?

We're a local charity supporting older people, their families and carers in your community.

Our aim is to make Herefordshire & Worcestershire a great place to grow older.

There are lots and lots of ways you can help support the work of Age UK Herefordshire & Worcestershire from dress down days to running relays!

Did you know?

We help over 25,000 older people across Herefordshire & Worcestershire! mation

Our information and advice team helps over 5,500 older people each year!

We've supported over 3,500 older people living with Dementia.

Every penny counts!



Could provide tea and biscuits for the members at our Drybridge Centre.



Could provide 10 pieces of activity equipment at our one our meeting centres for people living with Dementia.



Could help an older person access additional income and support.



Could provide 20 Older People with regular phone calls for a whole year, to make people feel less lonely.



Why we need your help!

Every year the amount of older people we need to help grows.

This means we need to raise more funds to help us do that.

That's where you come in!

How do we already help people?

We help older people to feel confident using their phones, laptops and tablets!

If someone needs help when they come out of hospital we give them support at home.

We help older veterans in a variety of different ways.

Our Help at Home assistants help older people with jobs around the house.



We give older people information and advice on lots of different things which will improve their life.

We help older people to learn how to live well with Dementia.

Our Handypeople carry out a range of DIY jobs at older people's homes.

We help lonely older people to reconnect to life.

We cut lots of older people's toenails to help them to stay healthy!

Fundraising ideas

There are lots of exciting ways you can fundraise, get in touch with us for more ideas! Make crafts or cakes to sell

Advertise a service e.g. dog walking or car washing

Organise a raffle, jumble sale, bring and buy

Dress Down Day

Dress as your Granny or Grandad

Dress as a superhero

Pop up Shop

Swim/Run/Cycle to somewhere exciting in a relay

Dance-a-thon

How we can help you:

There are lots of ways we can help you with your fundraising!

We can provide advice, ideas, buckets and much more to help your fundraising activities. Download our sponsorship form here! www.ageuk.org.uk/herefordshireandworcestershire/ or contact us.

We can promote you on our facebook and twitter pages which will help you raise more money for us!

Online fundraising

JustGiving[®]

Online fundraising is a really easy way for people to sponsor you. Get an adult to help you set up a Just Giving page, where they will be able to donate online and you will see your fundraising total rising!

What to do after you've collected your money

So you've got all your sponsorship money, amazing, well done! You now need to contact us to pay your money in.

You can call us 01905 740 950 or email fundraising@ageukhw. org.uk and we can tell you the best way to send your money in.

Cheques are made payable to Age UK Herefordshire and Worcestershire

Please contact us for BACS information



Don't forget about Gift Aid!

Ask the adults who are sponsoring you if they can Gift Aid their donation. This means we can claim an extra 25% in tax on every donation made by a tax payer. Just make sure they tick the Gift Aid box on your sponsor form.



Other ways we can help:

We can come into your school to give a presentation on the fantastic work Age UK Herefordshire & Worcestershire and how your children can help us.

We can help and support you to plan school events such as summer fayres, easter egg hunts, coffee and cake mornings, the list goes on!

Don't forget to visit our website - www.ageukhw.org.uk and follow us on social media to keep up to date! @ageukhw





Thank you

Contact: fundraising@ageukhw.org.uk 01905 740 950/0800 008 6077



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