

ASIAN 10 TO 3 CLUB (HITCHIN) VOLUNTEER ROLE OUTLINE

To make life more fulfilling for Asian older people, who are socially isolated, by helping them to enjoy a day out at an Age UK Hertfordshire day centre

- **Supported by:** Asian 10 to 3 Club Coordinator
- Hours: Weekly on Tuesdays from 9.30am to 3.30pm

Location: Bancroft Hall, Bancroft Recreation Ground, Hitchin, Hertfordshire

Main Tasks: As agreed with the outreach worker, but will include:

- Aiding members from transport.
- Welcoming a member to the club and helping them with their coats.
- Making tea/coffee for members.
- Washing up tea/coffee cups.
- Helping members enjoy the day centre's activities by providing encouragement and /or assistance as relevant.
- Listening and talking to members.
- Helping members to and from the dining room table at lunchtime.
- Serving lunches and drinks, as required.
- Assisting the day centre staff as requested in accordance with your own interests and abilities.
- All volunteers should read and comply with the policies and procedures of Age UK Hertfordshire.

Volunteer Specification The volunteer specification sets out the experience, skills and abilities required for the volunteer role.

Essential Criteria

- Punjabi speaking with good communication skills
- Ability to liaise with a wide range of people
- A practical, caring disposition. Sensitivity towards, and understanding of the needs of older people and the contribution they make to our society.
- Ability to work with others towards a common goal
- Common sense and a flexible approach to work
- Willingness to attend any training relevant to the role
- Ability to follow policies and procedures

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Desirable Criteria

- Experience of working or undertaking voluntary work with older people
- Full driving licence and use of a car

Benefits:

- References given after successful placement.
- Opportunity to use and further develop interpersonal skills.
- Opportunity to give back to the local community.
- Opportunity to meet new people and form friendships.
- Free training as relevant
- Reasonable expenses paid

Training: Age UK Hertfordshire offers training relevant to the tasks undertaken. Volunteers are urged to take advantage of this – some training may be considered essential. Informal information events are held on a regular basis.

Additional Information:

<u>Confidentiality:</u> Attention is drawn to the confidential aspects of this role and personable responsibility and liability under the Data Protection Act 1998. Matters of a confidential nature, including information relating to clients or staff, must not under any circumstances be divulged to any unauthorised person.

<u>Health & Safety</u>: The post holder is required to take reasonable care of their own health and safety and that of other people who may be affected by their acts or omissions at work and to ensure that statutory regulations, policies and codes of practice and departmental safety rules are adhered to.

Equality and Diversity Policy Statement: We believe that equality for all is a basic human right and actively oppose all forms of unlawful and unfair discrimination. We celebrate the diversity of society and are striving to promote and reflect that diversity within this organisation.

ENHANCED DBS [DISCLOSURE BARRING SERVICE] CHECK FOR REGULATED ACTIVITY

APPOINTMENT OF THIS POSITION IS SUBJECT TO SATISFACTORY REFERENCES.