

Volunteer Role Description

Title:	Home from Hospital Volunteer
Overall purpose of role	The Home from Hospital Service provides practical support and assistance to people aged 60+ in their own homes for up to ten weeks after they have left hospital. The service aims to prevent older people returning to hospital and helps to boost confidence and physical and mental wellbeing.
Outline of activities	<ul style="list-style-type: none"> • Encourage someone to do gentle prescribed exercise – for example, walking short distances • Dropping in for a chat • Collecting prescriptions (but not the administration or supervision of medication) • Providing someone with information and advice about other services that they may require
Personal qualities and experience	<p>No formal experience needed, as all necessary training will be given, but you will need to have:</p> <ul style="list-style-type: none"> • Empathy and an understanding of issues facing older people returning home from hospital • Patience and sensitivity • Enthusiasm • Reliability • Good interpersonal skills and be able to talk to a wide variety of people • Ability to speak with those hard of hearing • A commitment to the role
A commitment to the role	<ul style="list-style-type: none"> • We would appreciate any time commitment. However, a minimum commitment of at least 2 hours per week for a minimum of 6 months would be ideal. • Attend team meetings four times a year • Attend an Annual Review Meeting with your Manager • Occasional training relevant to this volunteer role. • You will not undertake any form of employment (whether paid or unpaid) for any person (including Hillingdon Age UK clients) that you have met as a result of carrying out your duties. Furthermore, you will refrain from contacting any person (including Hillingdon Age UK clients) that you have met as a result of carrying out your duties, nor will you provide such persons with the means of contacting you directly outside of the formal means within the service.
What can you expect from volunteering at Age UK Hillingdon	<ul style="list-style-type: none"> • Clearly defined voluntary role within the organisation. • Provide induction, information and training to enable you to carry out your role effectively in accordance with AUKH policies and procedures. • Support your development within the role • Provide you with the policies, procedures and standards of the organisation in relation to volunteers. • Provide references where needed after six months volunteering • Out of pocket expenses
Still interested?	Please contact Volunteering on 0208 756 3062 or e-mail volunteering@ageukhillingdon.org.uk for further details

This role outline is binding in honor only, and is not intended to be legally binding