



Maureen Vallon (Chair)

“The charity has very passionate and hugely committed staff, volunteers and trustees who make a difference every day to the lives of older people in Horsham District and I am proud to be part of that team.”

Maureen has had a long and varied career in health and social care, including social work management in Westminster and Worthing; setting up the first service in West Sussex for people with acquired brain injury; co-ordination of continuing health care funding; setting up the Patient Advice and Liaison service (PALS) for Horsham and Chanctonbury Primary Care Trust (PCT) and then Head of PALS for West Sussex PCT. At the end of her career she ran the Customer Service Unit for West Sussex PCT based in Worthing which covered complaints, PALS, Freedom of Information requests, Claims against the health service and responding to queries from MPs for the whole of West Sussex. She brings a wealth of knowledge from the health and social care sector to her role at Age UK Horsham District.

Since taking early retirement in 2012, she became a Trustee for Age UK Horsham District in 2013, then Vice Chair and in 2016 she was elected as the Chair of the Board.



Sarah Turner (Vice Chair)

“I am most proud of the positive contribution and difference Age UK Horsham District makes to our older population in the District and am proud of the way the charity is run both by the management and staff and the Board of Trustees.”

Sarah joined Age UK Horsham District in 2013 as a trustee after taking early retirement in 2013. She has a professional background in Human Resources which includes the position of Senior Vice President Human Resources, International and Corporate Groups at Warner Bros Filmed Entertainment in California. Sarah is also a Board member of Dreamflight and Chair of the Nuthurst Society.



Paul Allen

“Joining the Trustee Board has meant I can use my skills and experience to help us achieve our mission and goal. I am particularly proud that 2018 is our 60th anniversary of helping clients enjoy later life, as it’s a great milestone for the charity and for Horsham District.”

Paul retired from his career in banking and wealth management in 2016, where he advised high net worth private clients. He has volunteered for many years across various organisations in the local community and joined Age UK Horsham District in 2017 as a trustee.



Caroline Instance

“The information and advice given by Age UK Horsham District is fantastic. I am proud that our reach covers the whole of the district as rural living has particular challenges for older people.”

Caroline is trained in Personnel, becoming an HR Director in insurance and then CEO of the first pensions regulator, the Occupational Pensions Regulatory Authority (OPRA), and of the Institute and Faculty of Actuaries.

She is currently semi-retired as a Non-Executive Director of Omnilife and a pension fund trustee and is a Parish Councillor for Thakeham. She volunteered with Age UK when becoming a carer for her father and has a longstanding interest in everything related to longevity. Her experience of governance led her to apply for trusteeship with the charity.



Lynn Lambert

“Our local charity has gone from strength to strength, helping more people in our community, reaching out to those who need us most. I am so proud of what we, a small group of people, whether we be employees or volunteers, continue to achieve in these difficult times.”

Lynn began her working life writing Technical Proposals for Electronic Simulators which were subsequently sold to governments worldwide and included in the training programme for The Royal Australian Navy. After working abroad for some years, Lynn finished her career as a vini-viticulturist – producing award winning wine that was sold around the world. Lynn has been on the Board of Trustees at Age UK Horsham District since 2011 and is also a Dementia Champion for Dementia Friends.



Philip Lansberry

“I am exceedingly grateful to the dedicated team that work and volunteer for us and to all those who help finance the work we do.”

Philip has been a long standing Trustee for Age UK Horsham District, supporting the charity for around 25 years. Through his personal experience of caring for his aunt for nearly 15 years and supporting his wife with the care of her parents for over 10 years, Philip brings knowledge and compassion to his role as trustee about the challenges that later life can bring.

In his extensive professional career as a lawyer, he has specialised in advising elderly clients and has a keen interest in promoting their interests in the community. He is currently Partner and Head of Legal at Kreston Reeves LLP and is a keen supporter of many charities.



Jane Wiley

“I think Age UK Horsham District has created a wonderfully supportive network of services and facilities for a broad range of elderly people backed up by a unique blend of genuine care, support, knowledge and friendship.”

Jane began her career in Toronto, Canada as a junior in marketing at what is now Kraft Foods. She has since had a long career working on brands such as Colgate Palmolive; Campbell Soup; AXA PPP Health Insurance; Autoglass; Legal & General Insurance & Pensions and Christie & Co Business Sales.

Jane joined the Board of Trustees at Age UK Horsham District in 2017 and brings a wealth of skills in PR and Marketing to the team.