

THURSDAY



The Rendezvous

Morning

Coffee and Chat
Table Games
Flower Arranging
Current Affairs

Afternoon

Baking with Buddies



Lounge

Morning

Bingo

Afternoon

Club Social
Stay Active Games



Rainbow Room

I.T Help (By Appointment)



Therapy Room

Time to Talk (By Appointment only)



Salon

*Hairdressers 8:30am-12:00pm

Time to Talk Health (By Appointment only)

FRIDAY



The Rendezvous

Morning

Coffee and Chat
Card Club



Lounge

Morning

Darts Club
Bingo

Afternoon

Quiz
Activities from
Collyers (term time)



Rainbow Room

Afternoon

Reading Friends
Plus regular monthly Friday **Winter Roast
Dinner Special with Mega Bingo & Quiz**



Therapy Room

Morning

*Massage 10.00am-13.00pm



Salon

*Hairdressers 8:30am-12:00pm

5 Ways to Wellbeing Activities Menu Love later life



Lavinia House Club

Please also look at our monthly programme for
details of our special events and outings
(programme subject to change if required)



Lavinia House,
Dukes Square, Horsham,
RH12 1GZ
Open Monday to Friday
8:30—16:00



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MONDAY



The Rendezvous

Morning

Coffee and Chat
Table Games
Brain Games

Afternoon

Stay Active Games
(Skittles, Bowles, Curling, Quiz)



Rainbow Room

Morning

Angela Entertains

Afternoon

*Silver Surfers I.T Lessons
(By appointment)



Therapy Room

Morning

*Acupuncture



Salon

Time to Talk (By appointment only)

TUESDAY



The Rendezvous

Morning

Coffee and Chat
Rummy League
Table Games/Brain Games

Afternoon

Stich in Time Sewing and Craft Club



Lounge

Morning

*Chair Aerobics - weekly

Afternoon

Golden Oldie T.V Specials
*Paracise Exercise (Monthly)



Rainbow Room

Afternoon

*French for Beginners/Intermediate



Salon

*Hairdressers 8:30am-12:00pm
Time to Talk pm (By appointment only)

WEDNESDAY



The Rendezvous

Morning

Coffee and Chat
Card Club
Dominoes



Lounge

Morning

Chair Aerobics - (DVD)

Afternoon

Club Social



Rainbow Room

Art Club all day



Therapy Room

Morning

4 Sight (Monthly by Appointment)

Afternoon

*Foot care
(Weekly by Appointment)



Salon

Time to Talk pm (By appointment only)

All those activities with an * are paid for activities