

AUTUMN Wellness Event

Thursday 3rd October 2019
1.30pm to 3.30pm

In the Sports Hall, Age UK Hull,
Porter Street, Hull

*Come along and take part in a
range of fun activities,
taster sessions, giant games, meet
the CISS mascot, and much more!*

This FREE EVENT is part of the
Celebration of Older People 2019

Hosted by Age UK Hull and
Carers' Information and Support Service

For details, call us on 01482 324 644, visit our web site at
ageuk.org.uk/hull or check our Facebook or Twitter pages.



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