

Call Before You Fall: Falls Prevention

Do you experience
dizziness or reduced
mobility?

Have you
experienced
a fall?



Are you
afraid of falling?

Are you taking
medication?

If you would like to request a home visit for a basic falls assessment, please get in touch with the Falls Prevention Team at Age UK Hull on **01482 324644** or email **hello@ageukhull.org.uk**.

Healthy Living Centre, Bradbury House, Porter Street, Hull, HU1 2RH

www.ageuk.org.uk/hull

| 01482 324644

| hello@ageukhull.org.uk

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