Competition:

To be in with a chance of winning this month's cash prize, fill in your details below and hand in your completed puzzle with £1 entry fee.



Congratulations to last month's competition winner Jackie Hughes.

Name:

Contact number:



Newsletter



Over the last few weeks the teams and I have put our heads together to think of ways that we can encourage new people to use the centre ensuring that what we offer is also what you all would enjoy. This will mean a couple of changes to our activity schedule, as Fridays become Fun Fridays in Hythe and Thursdays become Fun Thursdays in Lyminge. We will be holding different activities each week on these days that will be sure to provide a laugh or two and we hope you can join us! Our first fun Friday will be on the 5th as the Creative Quarter join us for art, we will have a lovely roast on the menu for lunch and the afternoon a Del Boy tribute cabaret act who is sure to bring in a laugh or two. To celebrate we would like to offer this day's activities FREE, therefore, only payment for lunch would be due and the entertainment is on us. Why not come along? - Just make sure you book in. If he is good, we will invite him back and do the same at Lyminge, or, if you have any other ideas as to what you would like, please let Sue and the team know.

Good news this month is that our men in sheds project is being built with Leo nearly ready to get creating, our potting shed is on order for the gardeners in Hythe. Lots happening and lots to look forward to!



Dates for the Diary

Bingo evening Hythe: 4th April, eyes down 7pm Knitting group:

11th April 5-7 Hythe

Easter Raffle Draw- 17th April Hythe client singing group concert-

18th of April. All welcome for an afternoon of singing fun. 1.00 -2.30

April 2019

Carers coffee morning:

23rd April 9.30 start- Hythe 30th April 9.30 start- Lyminge

Clay modelling (numbers limited, please book

ahead): 1st April 10am-12 Lyminge

Creative Art Workshop: 5th April 10.30am-12

Hythe

Inbetweeners curry night Lyminge: 23rd of April 5.30pm

5.30piii

Game night and nibbles: 25th April 5-7pm

Hythe centre

Dementia aware fate, and Age UK Plant sale-18th May 10-2

Film night, Orient express- Hythe 31st May 6.30pm start.

Pamper evening Hythe: 14th June

Leeds Castle Classical Concert: 13th July, pick ups at Hythe, Lyminge and Ashford centres. Summer Fair Oaklands Park: 3rd August 10-2 Client holiday trip to Bournemouth: Tuesday

1st to Saturday 5th Oct.

Easter period at the centres:

Due to Easter, the centres will be closed on the following days.

Good Friday 19th April- CLOSED Saturday the 20th April- Café CLOSED Easter Sunday 21st April- CLOSED Bank holiday Monday 22nd April- CLOSED

Please note that home meal deliveries will be available on all these days, to book call 01303269602

100+ Club This month's winners were:

1st £25.00 141 Anne Shapter 2nd £15.00 11 Marian Chubb 3rd £10.00 137 Faith Hillyer

newsletter...

Price changes.

It has come to that time of year where we review the finances of the organisation and take into consideration the following

- I. Minimum wage increase of which the proposal of living wage increase will conclude in 2020
- II. Pension enrolment obligations
- III. Grant termination in 2019
- IV. General inflation

The Board has decided to increase the cost of services as of 1st May 2018.

It has been a difficult decision but we are still lower in price compared to many other service providers and believe that our services provide good value for money.

We need to prepare the organisation to become sustainable for the future and less reliant on government funding.

Over the next few months you will see not only a price increase but considerable changes to improve the organisation, one change you will see almost immediately is the opening of the café where we will be selling cakes and inviting the public to use the facilities. We are also aiming to open the 'Day break' 5 days per week as of 1st May, all being well. I do hope that you understand the reasoning behind the decision the board of Trustees have taken however should you have any concerns, please do not hesitate to contact me.

Service	New Prices From 1 st May 2019		
Full day Service with transport	£14.30	Tea	£1.20
As above but with no transport	£9.15	Coffee	£1.50
Lunch only at a Centre (Mon – Sat)	£5.85	Latte/Cappuccino/hot choc	£1.80
Sunday lunches at Hythe	£6.55	Scone	£1.00
Activity only (e.g. art, singing, exercise etc)	£3.55	Tea Cake/cakes	£1.00
Home Meal Delivery	£7.30	Sausage roll	60p
Independent Living Service	£15.70	Bacon roll/sandwich	£1.50
Laundry – wash, dry, iron and deliver	£12.75	Bathing Private	£24.15
Laundry – Iron and Deliver	£11.35	Bathing - Funded Client contribution	£7.70
Laundry – Wash Dry and Deliver	£8.55		
Laundry – Wash, dry, iron	£9.60		
Laundry – Wash, Dry only	£4.90		

newsletter...

Tuesdays...

As mentioned last month, some of our volunteers in Hythe have recently been given the opportunity to attend some training to provide fun sporting sessions for you all. The equipment has been purchased and tested, and as from this week Tuesday afternoons will be a little different. We have table tennis, new age curling, seated football and more.



All activities can be adapted to any level of ability with the aim being to have a laugh together and move a little. (Watch out- Helen is quite good at the table tennis!) The great thing is, the equipment can be used in both centres and we will be looking for volunteers to support the groups in Lyminge.



Clay modelling

A reminder that clay modelling classes will be run weekly in Lyminge from the 1st April from 10.00 - 12.00.

Booking in is essential as we have space for 5 to take part in this project at a time.

Our normal activity rate applies of £3.50.

The work you make will be kiln fired and you will be able to take it home

Just for fun

What am I?

I am thinking of a seven-letter word which we read almost daily.

Letter 5 6 and 7 increases every year. Letter 3 and 4 are the same.

Letter 3 2 and 5 covers about 70 percent of the world

If you think you know the answer let me know!
Well done to Mary and Pat who correctly guessed last
months answer CARPET.

Holy Communion

A service of Holy Communion will be held at Age UK Hythe on Wednesday 3rd April Wednesday 1st May At 10.30am. All are welcome. Dudley Shipton, 01303 260291

Age UK Lyminge Holy Communion will be held at the Lyminge centre on:

Thursday the 4th April
Thursday 2nd May
Thursday 6th June
Thursday 4th July
At 11.00am All welcome.
Contact Mary Blanch,
01303 269602

Race Night

Our thanks to our volunteers, Mo and the team at the Prince of Wales pub Palmarsh who hosted us a fundraising race night. A fantastic £253 was raised.



Miles not pictured but was a big help on the night and assisted with spreading the word (3) THANKS ALL!

Information and Advice corner

Are you finding that a few small changes might make living in your home easier?

Mike Middlebrook our information and advice officer can complete an assessment to help make small alterations. It might be a small ramp, a step to help you in bed, or a shower seat. If he can help, he will. Ant the best thing about it- it's all completely FREE.

Book and appointment with the information and advice team for more details.